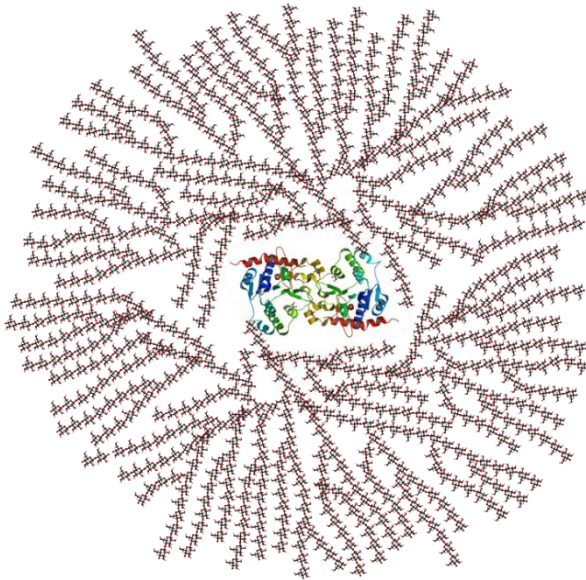


Carbohydrate metabolism

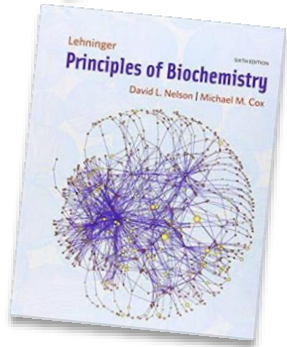


Chadamas Sakonsinsiri
Department of Biochemistry, MD, Kku

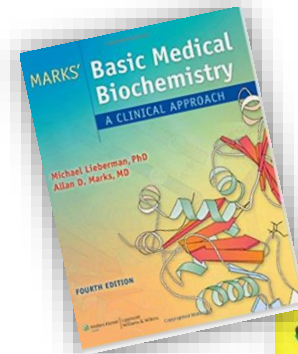
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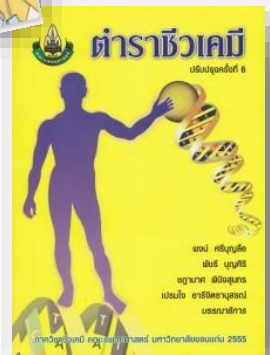


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Outline

- ❖ Energy production from carbohydrates: glucose
 - Glycolysis
 - Krebs cycle (TCA, citric acid cycle)
 - Electron transport system (ETS)
 - Cellular respiration : aerobic vs. anaerobic
 - Products of glucose breakdown
- ❖ Gluconeogenesis
- ❖ Pentose phosphate pathway & G6PD deficiency
- ❖ Glycogen metabolism: glycogenesis & glycogenolysis

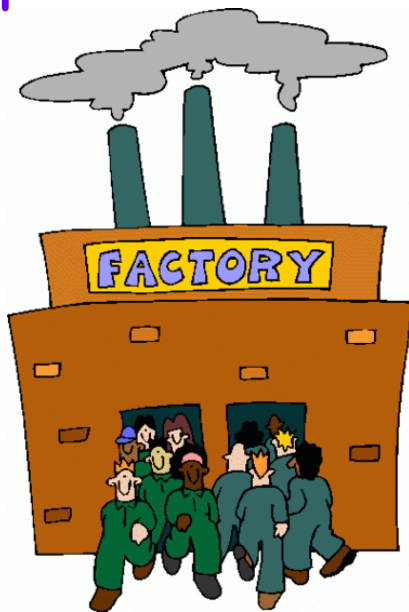


ย่อยเป็น
น้ำตาล
โมเลกุลเดี่ยว



ดูดซึม เข้ากระแสเลือด
เข้าเซลล์

ATP ATP ATP

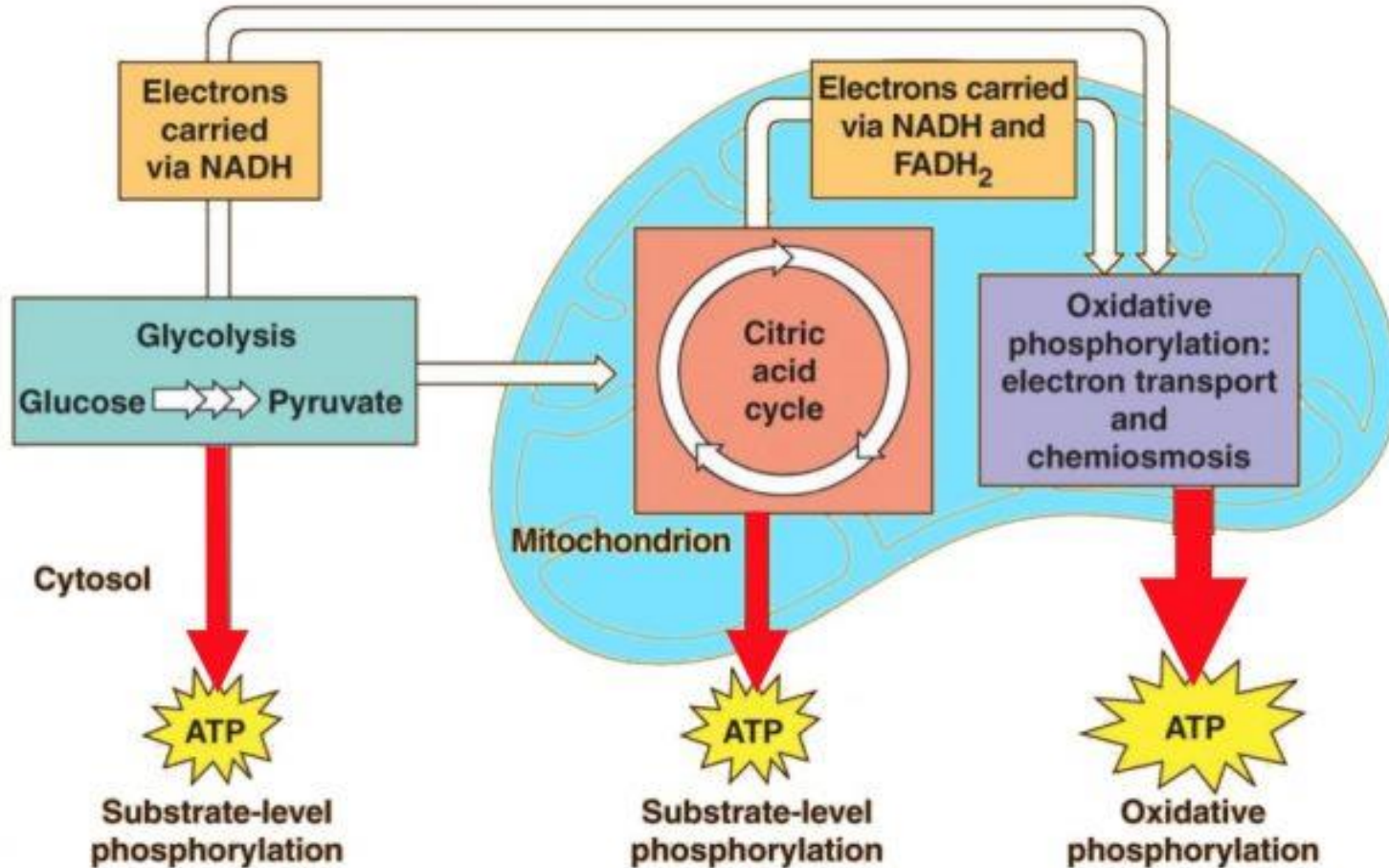


ชุดของปฏิกิริยาเคมีที่
เกิดขึ้นในเซลล์ =
metabolic pathways

****มีการควบคุม**

Enzymes & coenzymes

Metabolic reactions occur in specific sites within cells



Major pathways of glucose utilization

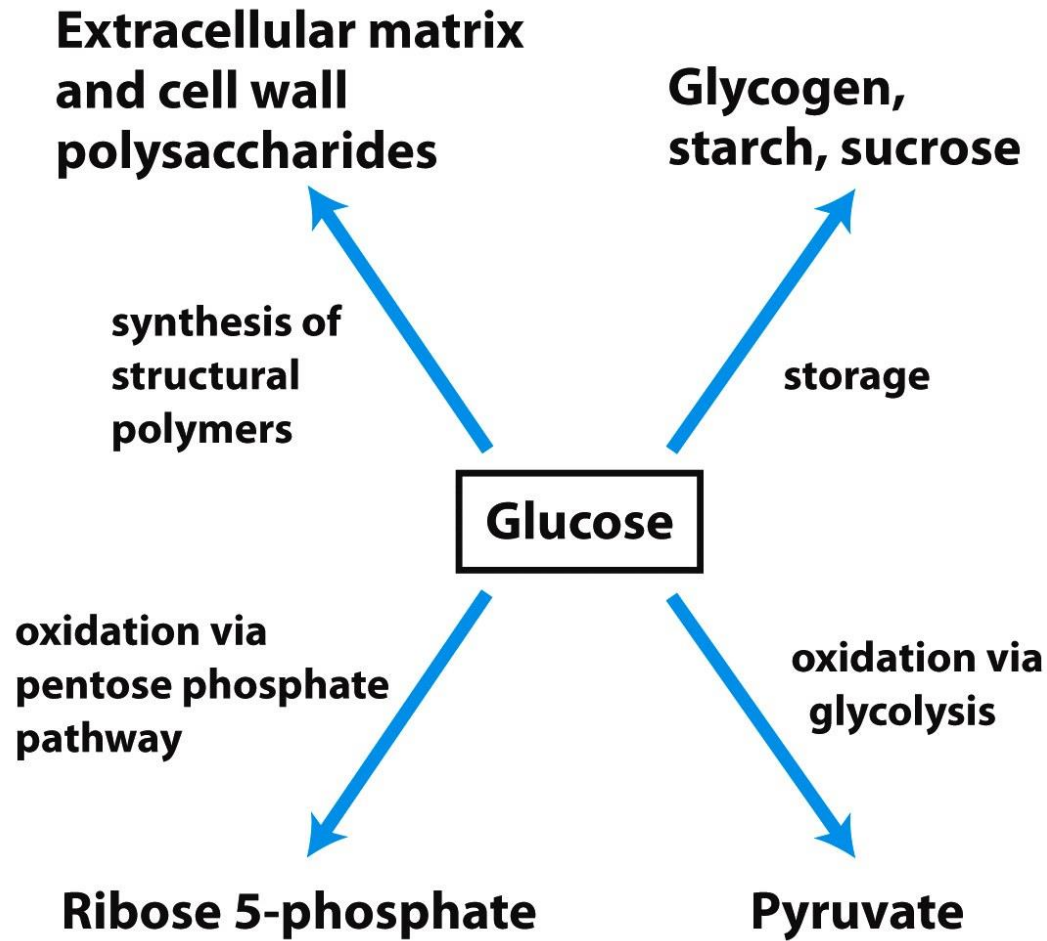
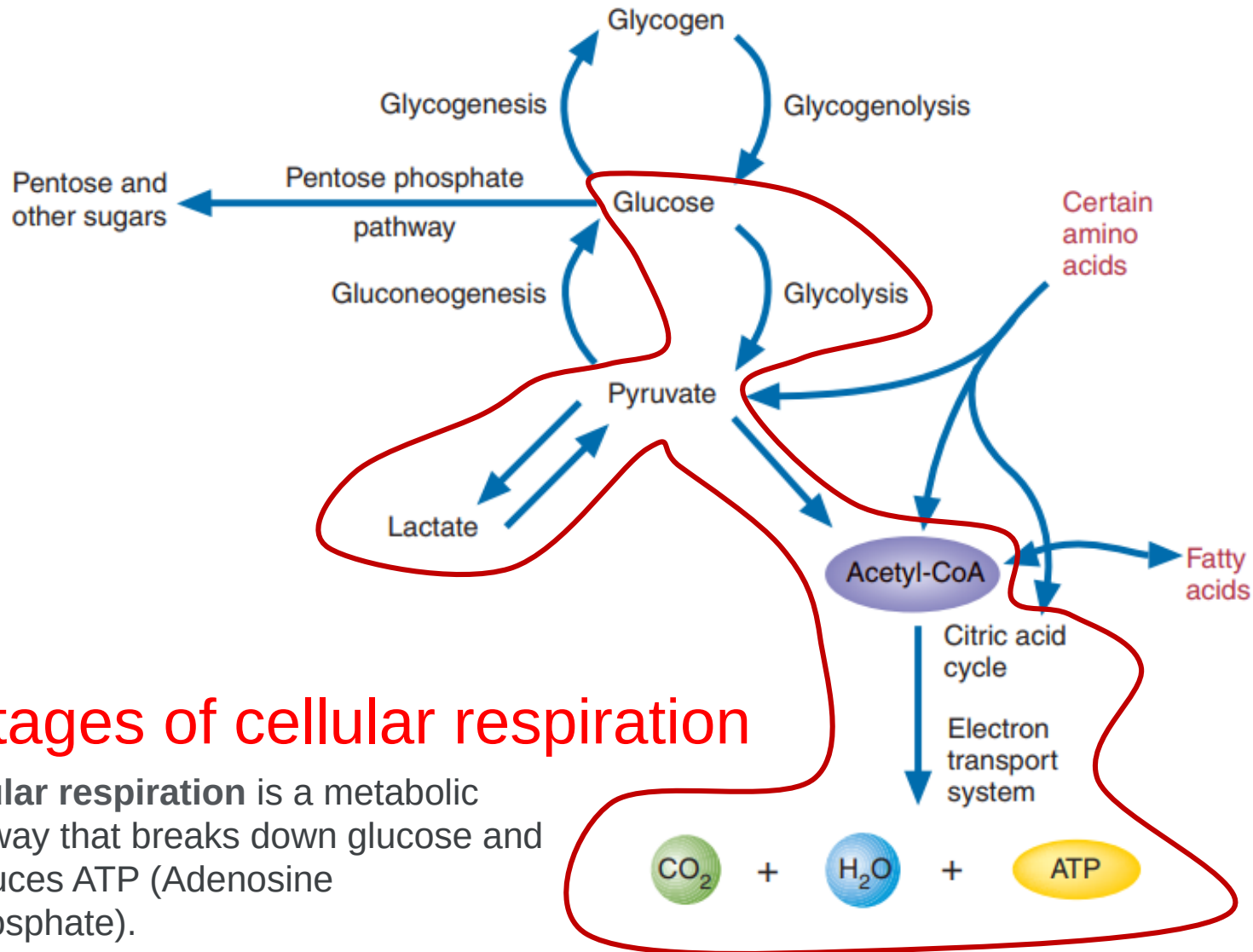


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Major Pathways in Carbohydrate Metabolism



3 stages of cellular respiration

Cellular respiration is a metabolic pathway that breaks down glucose and produces ATP (Adenosine triphosphate).

การหายใจระดับเซลล์

3 stages of cellular respiration

Cytoplasm

Glycolysis

Mitochondria

Krebs cycle

ETS (electron transport system)

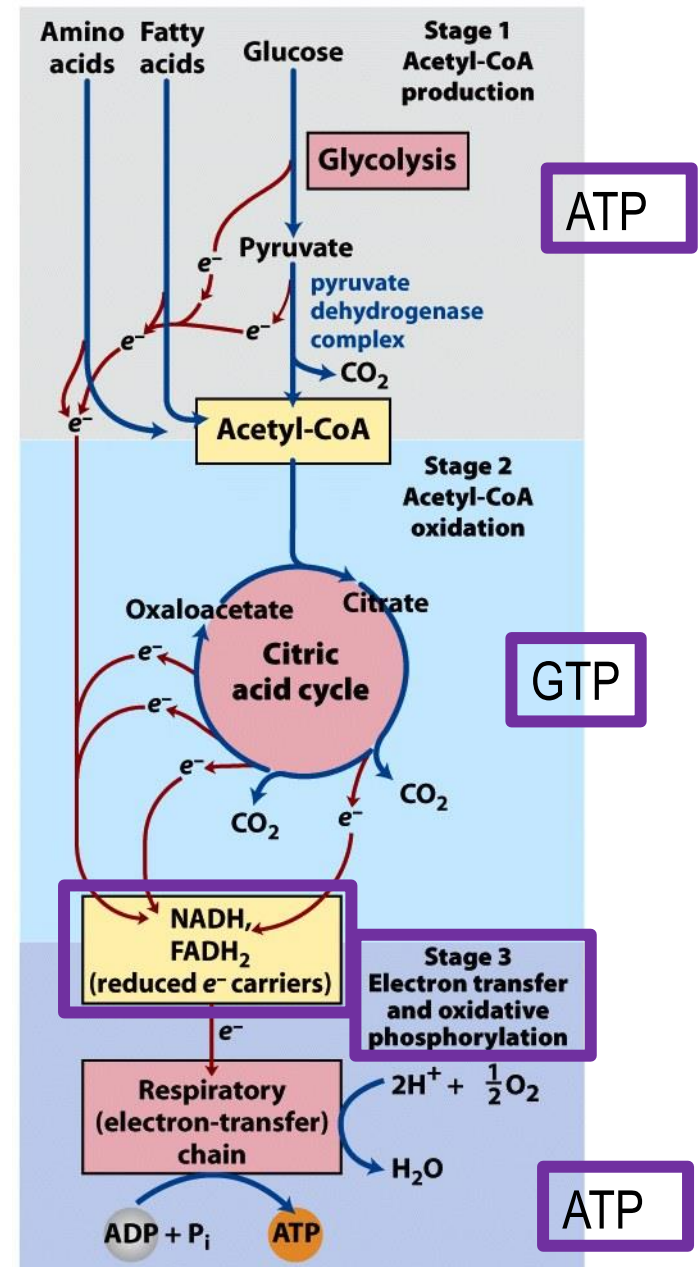


Figure 16-1

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Glycolysis

- *Glyco* = sugar, *lysis* = breaking
- เกิดใน cytoplasm ของเซลล์
- 1 glucose ถูกออกซิไดส์เป็น 2 pyruvate และ
ได้ 2 NADH + H⁺ และ 2 ATP
- มี 10 ปฏิกิริยา และ 3 ใน 10 ปฏิกิริยา เป็น
irreversible reaction
- แบ่งเป็น 2 ระยะ (Phase I and Phase II)

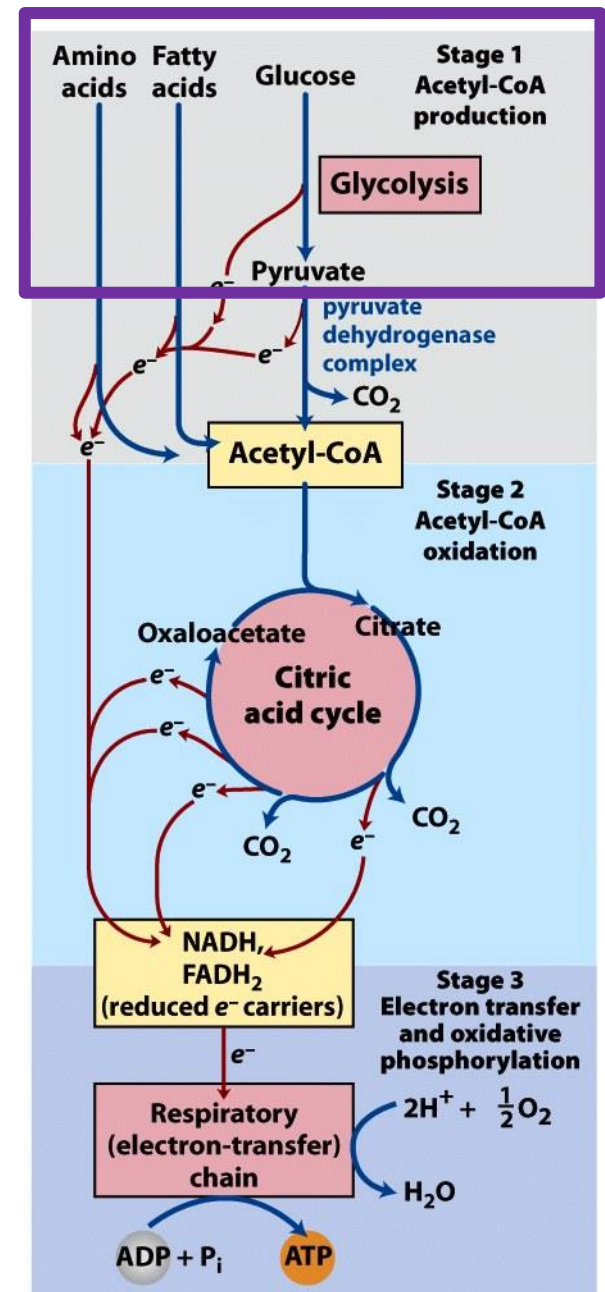
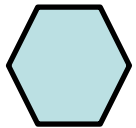
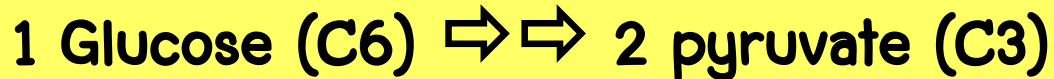


Figure 16-1

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• Phase I preparatory phase (ต้องการ ATP)

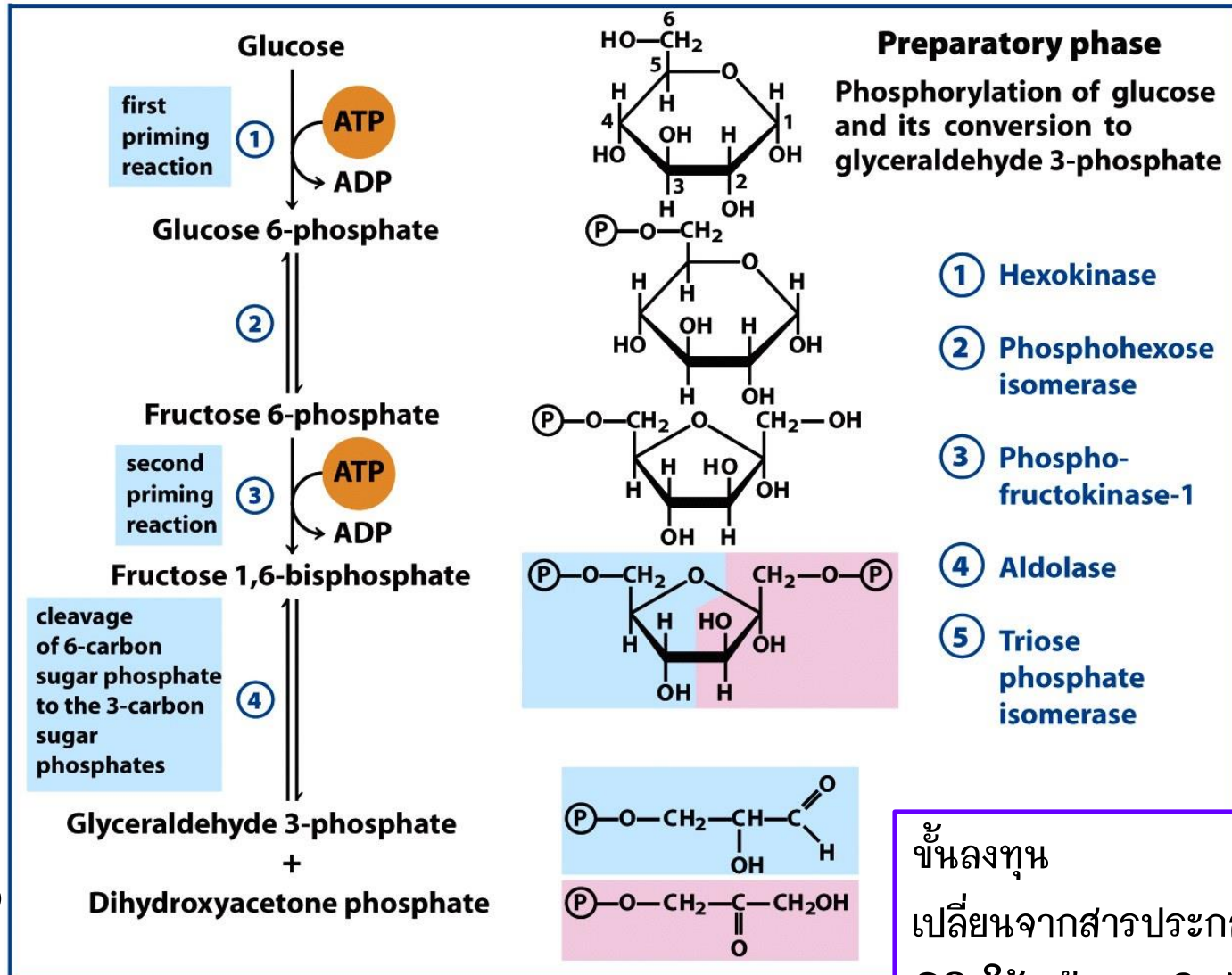


Figure 14-2a
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ขั้นลงทุณ
เปลี่ยนจากสารประกอบ C6 เป็น
C3 ใช้พลังงาน 2 ATP/1 Glc

G-3-P
DHAP

• Phase II Payoff phase (ให้ ATPs and NADHs)

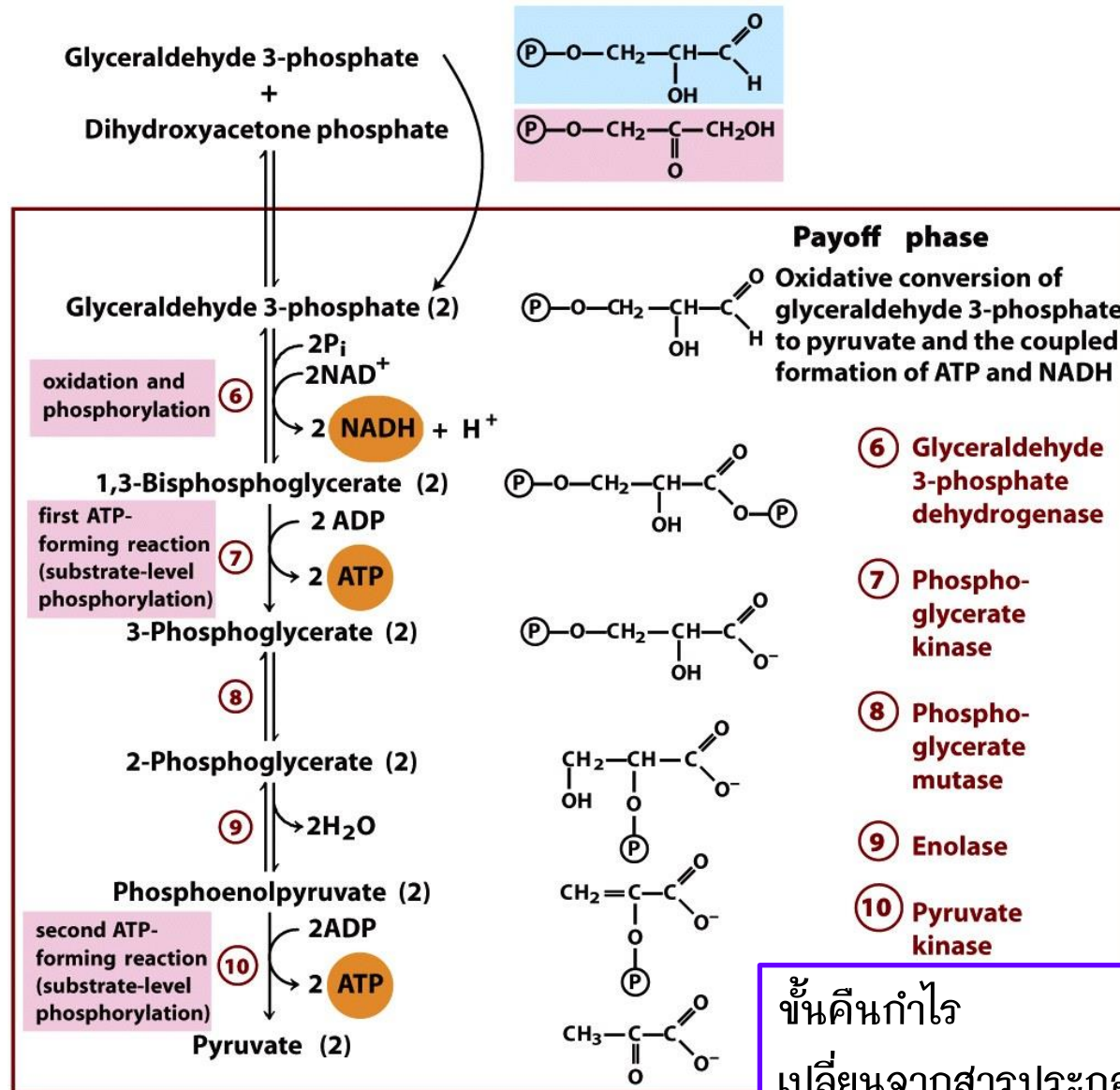


Figure 14-2b

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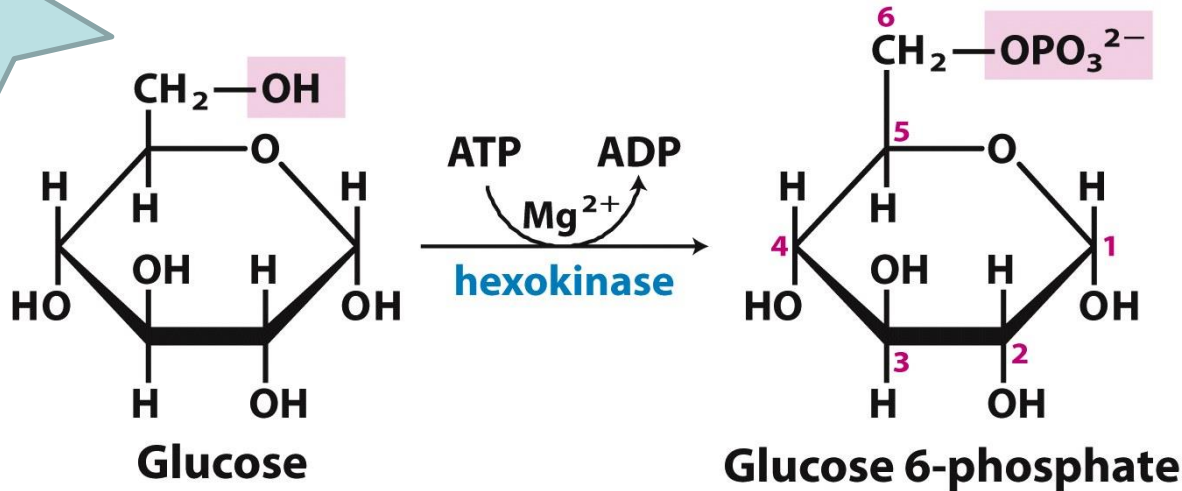
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ขั้นตอนนี้ทำไร

เปลี่ยนจากสารประกอบ C3 เป็น pyruvate ได้ ATP

Rnx 1 - Phosphorylation of glucose to glucose-6-phosphate

Phase II



$$\Delta G'^{\circ} = -16.7 \text{ kJ/mol}$$

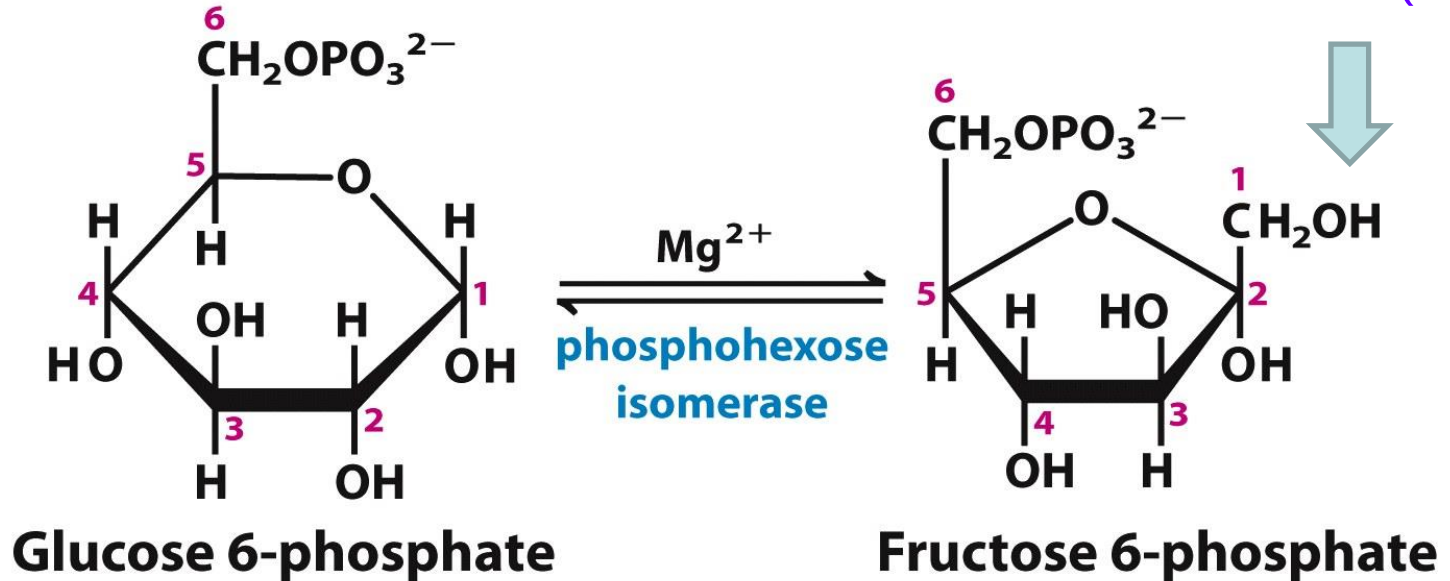
Unnumbered 14 p532a
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- ใช้ ATP (Phosphate มาจาก ATP)
- เร่งปฏิกิริยาโดย hexokinase โดยการช่วยของ Mg^{2+}
- Irreversible reaction ผันกลับไม่ได้
- Phosphate group (มีขั้ว) ทำให้ออกนอกเซลล์ไม่ได้

Rnx 2 - Conversion of G-6-P to F-6-P

Primary OH

Reacts w/ other ATP to form FBP (next step)

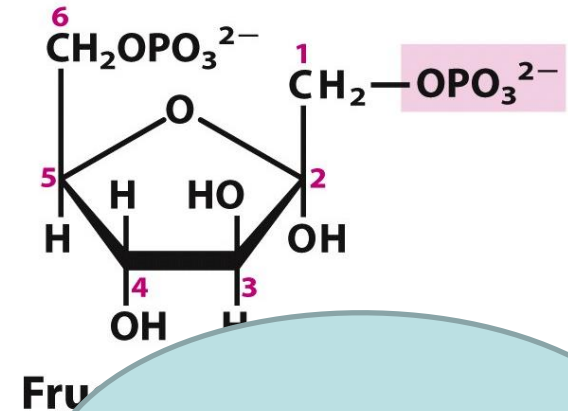
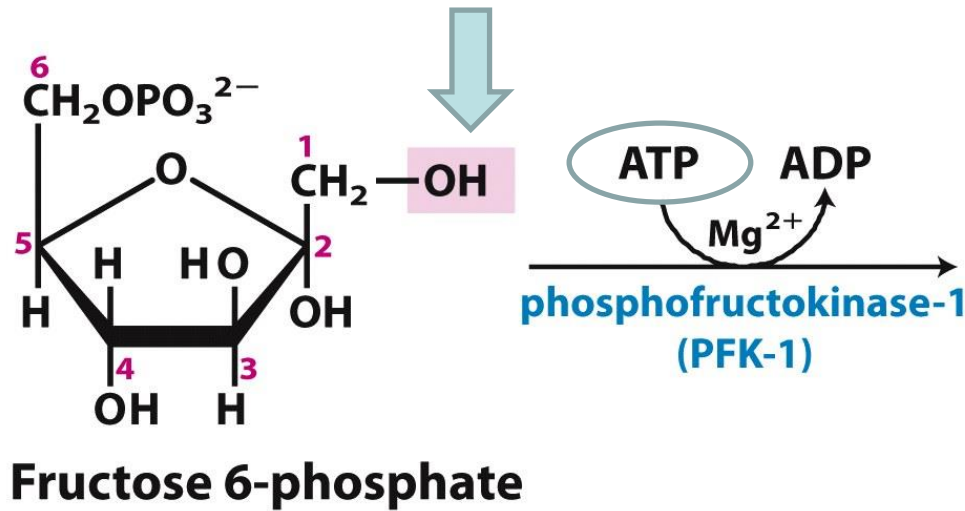


$$\Delta G'^{\circ} = 1.7 \text{ kJ/mol}$$

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- Isomerization of an aldose to a ketose (G6P to F6G)
- Reversible reaction

Rnx 3 – Phosphorylation of F-6-P to FBP or F1,6P



Potent activator
สร้างจาก PFK-2

- ใช้ ATP ซึ่งเหมือน step แรก (hexokinase)
- **Key point!** PFK-1 ควบคุม วิถี glycolysis (Irreversible reaction & rate-determining reaction)

Effectors: Fructose-2,6-bisphosphate

(F-2,6-BP), ATP/ADP, citrate

(Effectors = ตัวที่มีบทบาทในการควบคุม กระตุ้นหรือยับยั้ง)

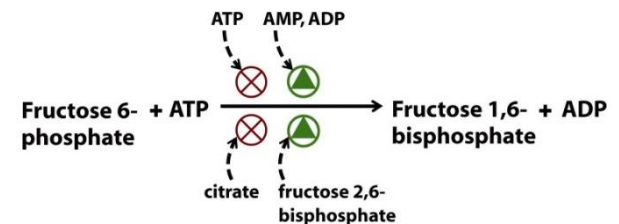
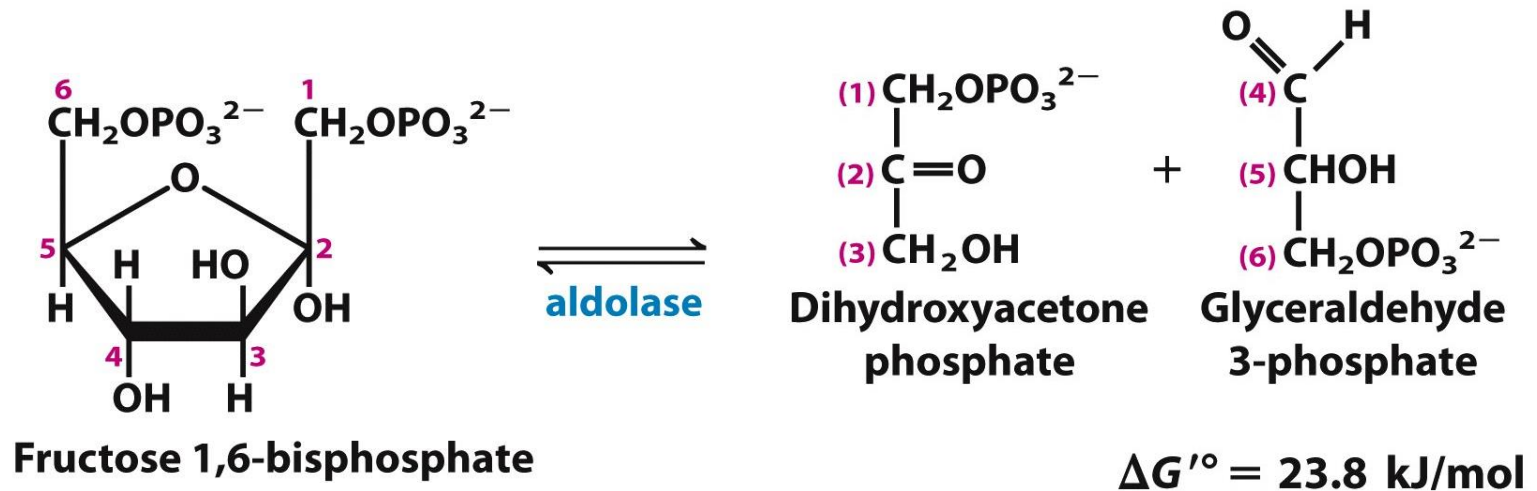


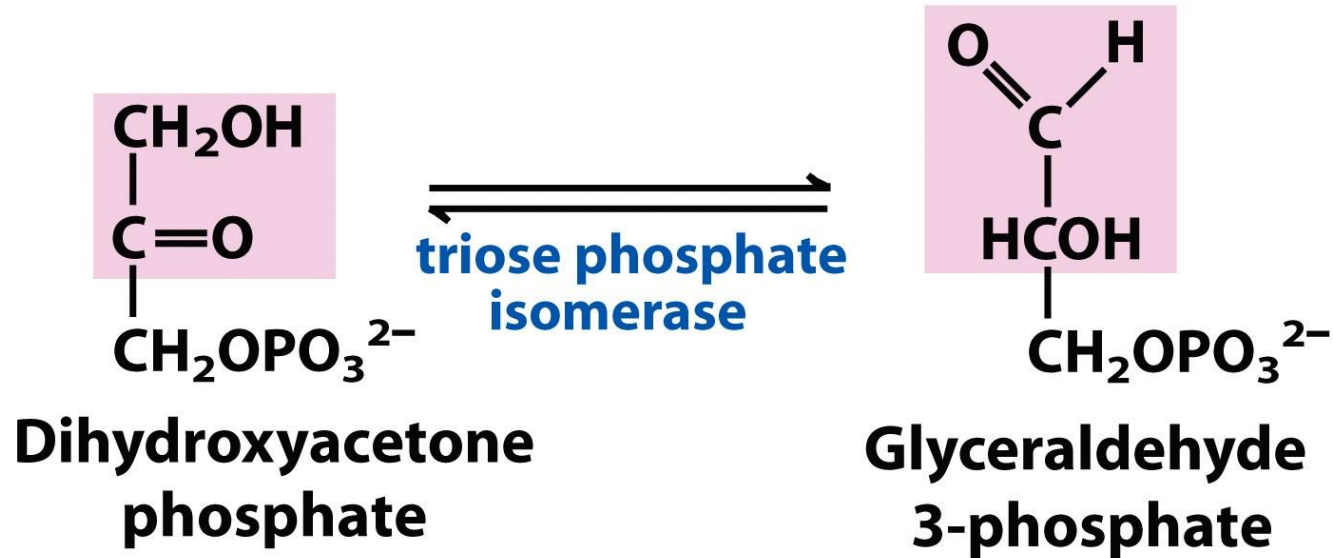
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Rnx 4 – Cleavage of F-1,6-bis P



- Aldolase enzymatically cleaves a 6-carbon compound to two 3-carbon compounds (2 triose phosphates: DHAP and GAP).
- To complete Phase I, DHAP isomerises to GAP (Next reaction).

Rnx 5 – Inter-conversion of triose phosphates



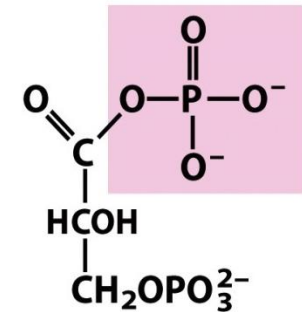
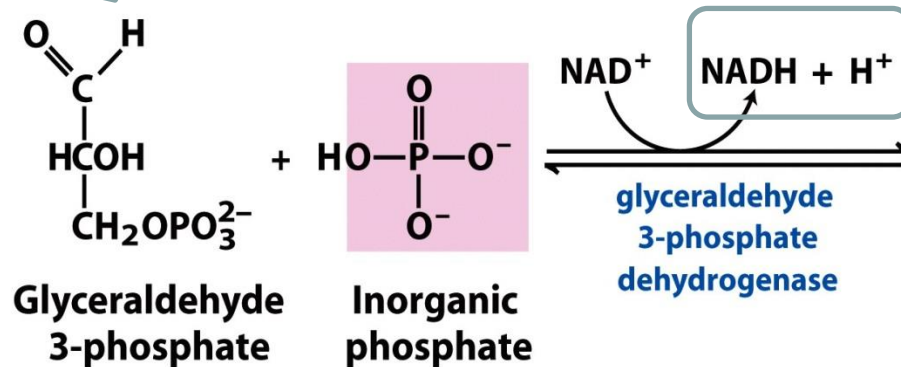
$$\Delta G'^{\circ} = 7.5 \text{ kJ/mol}$$

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- DHAP and GAP are ketose–aldose isomers.
- Isomerization reaction.
- Convert DHAP to Glyceraldehyde–3-phosphate for the next reaction

Rnx 6 – Oxidation and phosphorylation of GAP by NAD⁺ and Pi to 1,3-Bisphosphoglycerate

Phase II



1,3-Bisphosphoglycerate

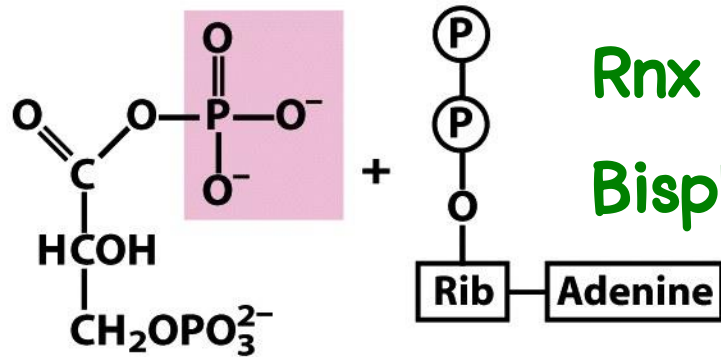
$$\Delta G'^{\circ} = 6.3 \text{ kJ/mol}$$

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สารพลังงานสูง

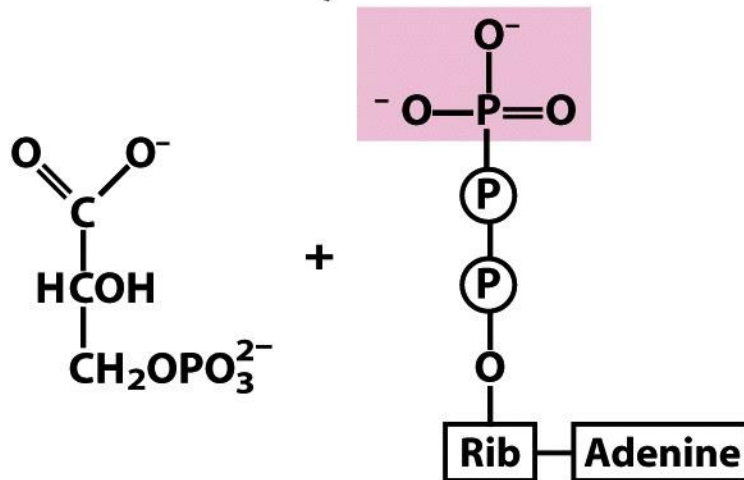
- Catalyzed by glyceraldehyde-3-phosphate DH.
- NAD⁺ is the coenzyme and oxidizing agent (NAD⁺ reduces to NADH).
- Pi is the source of the phosphate.
- From the first “high energy phosphate compound” (1,3-BPG).

Rnx 7 – Phosphoryl transfer from 1,3-Bisphosphoglycerate to ADP



1,3-Bisphosphoglycerate ADP

สารพลังงานสูง

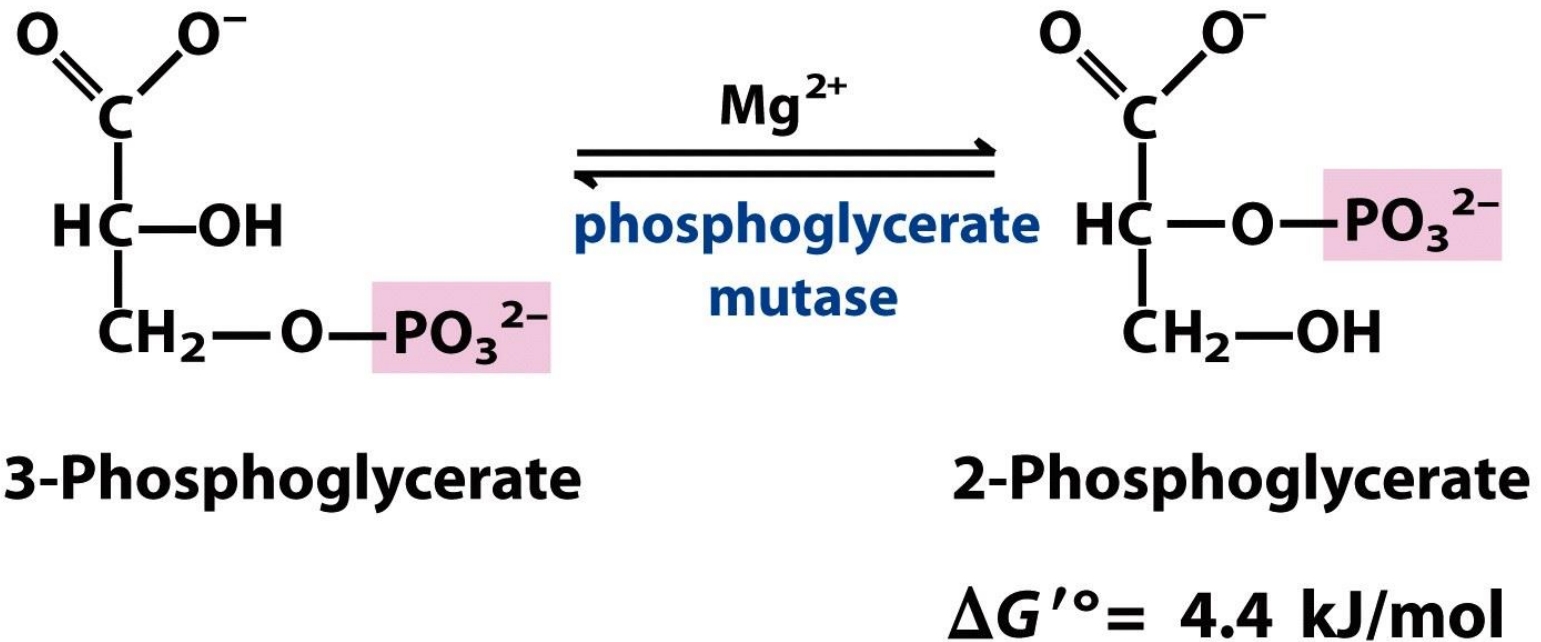


3-Phosphoglycerate

ATP $\Delta G'^{\circ} = -18.5 \text{ kJ/mol}$

- Produces ATP and 3-phosphoglycerate
- Direct phosphate transfer; Substrate level phosphorylation (Differs from oxidative phosphorylation ซึ่งเกิดใน Electron Transport System)

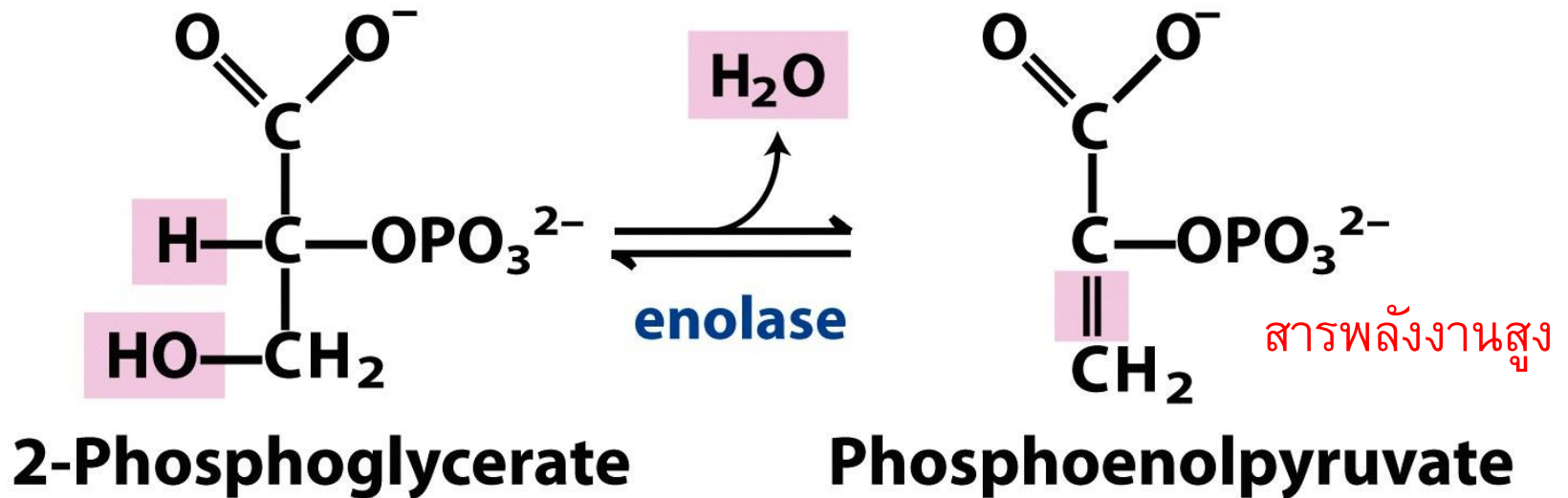
Rnx 8 – Conversion of 3-PG to 2-PG



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- Phosphoglycerate mutase catalyzes the transfer of a phosphate group from C-3 to C-2

Rnx 9 – Dehydration of 2-PG to PEP



$$\Delta G'^{\circ} = 7.5 \text{ kJ/mol}$$

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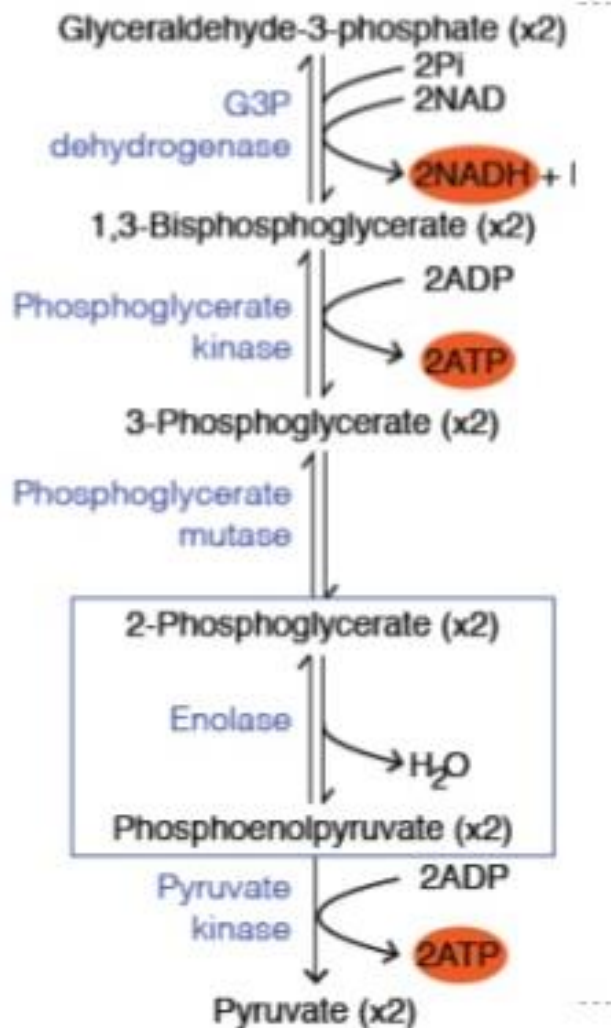
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- Formation of a second “high energy” intermediate

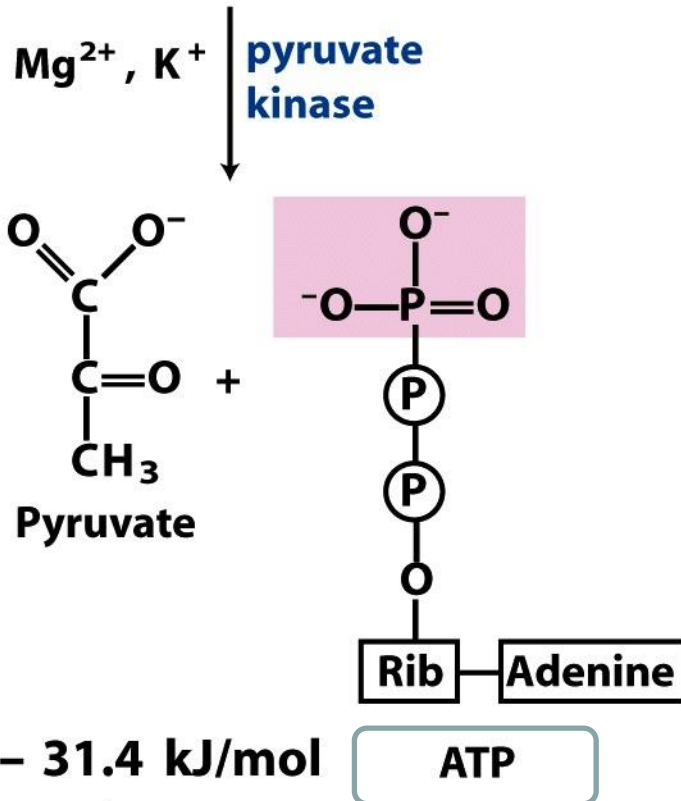
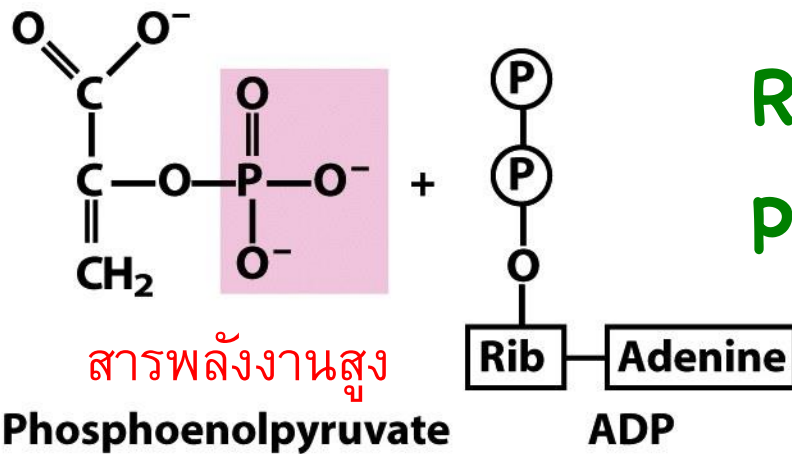
- F^- เป็นตัวยับยั้ง Enolase 

Fluoride blocks glycolysis by inhibiting the Mg^{2+} -dependent enzyme enolase



- Adding fluoride to toothpaste can prevent tooth decay
 - Common pathogens produce lactic acid
 - Inhibiting enolase $\rightarrow$ 2PG cannot get access to active site of enzyme

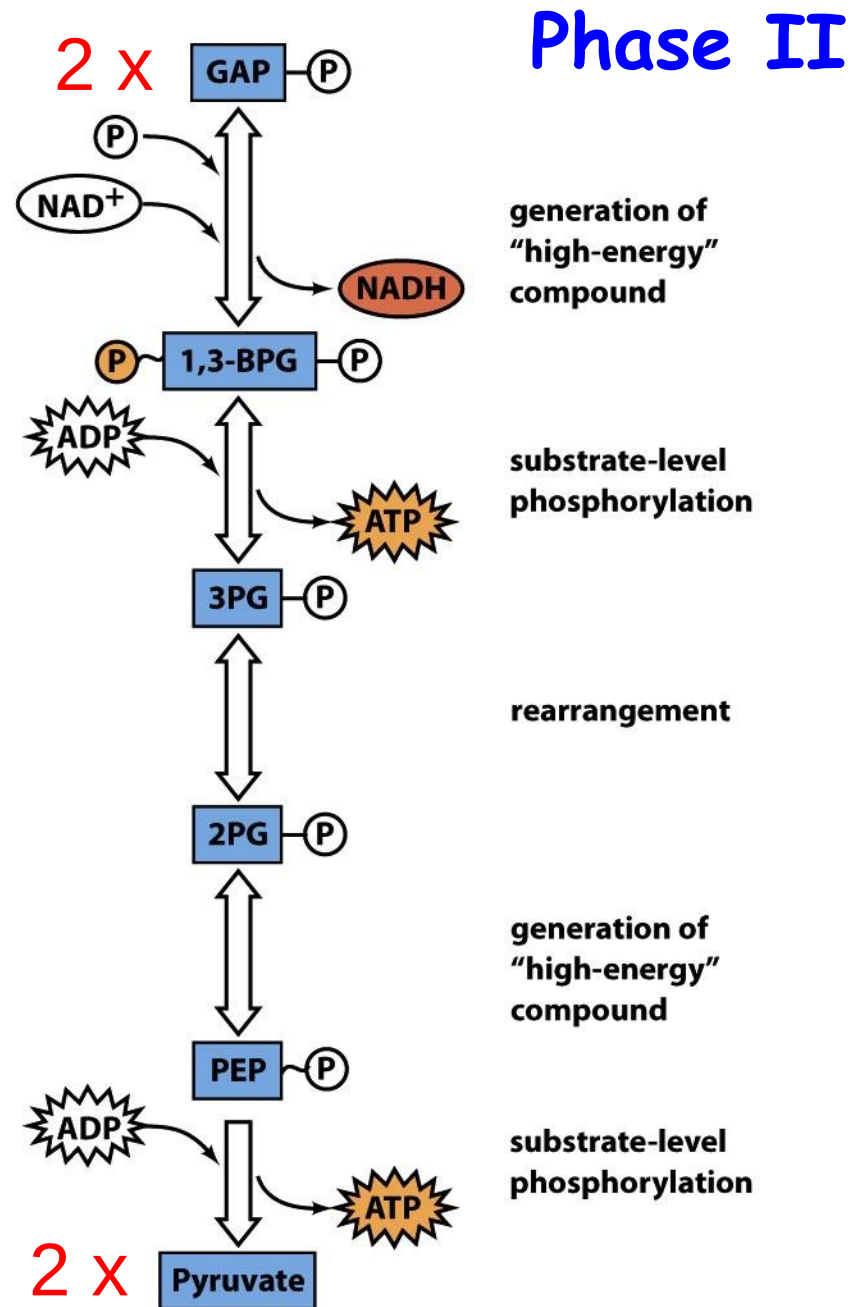
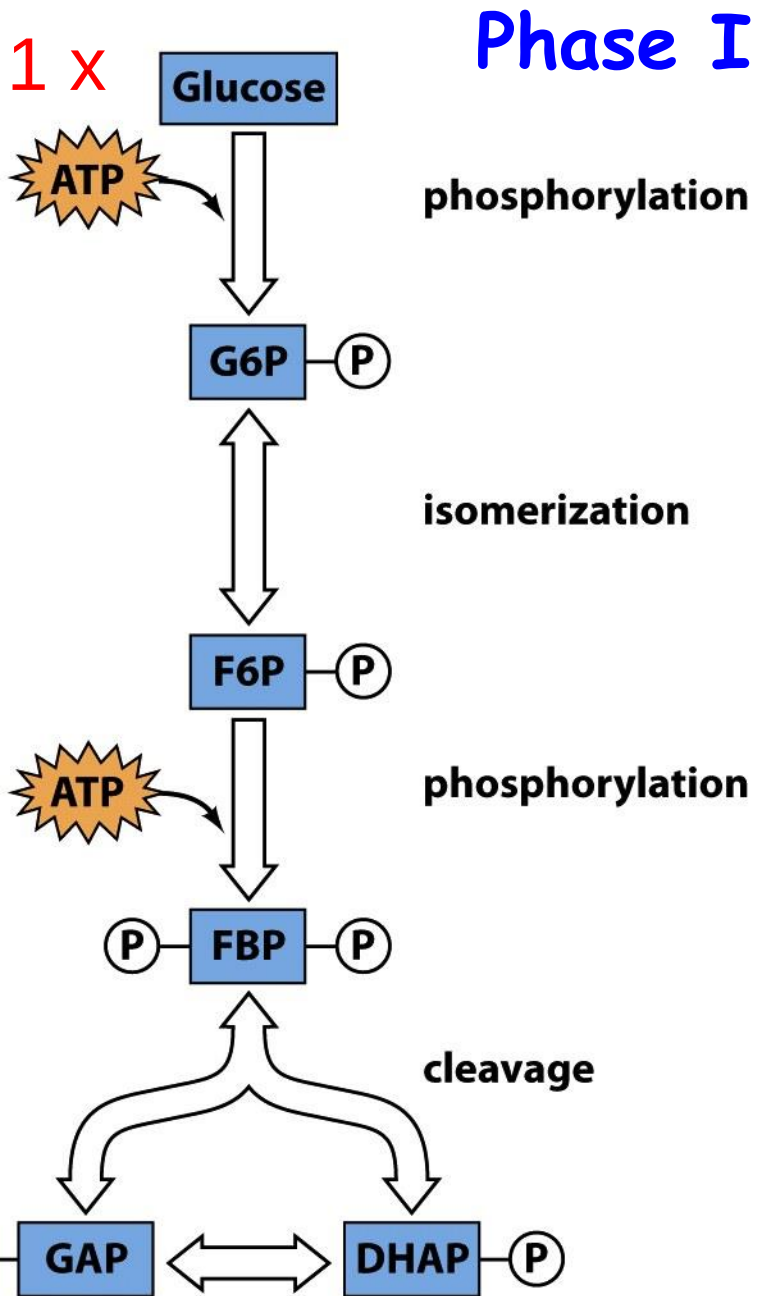




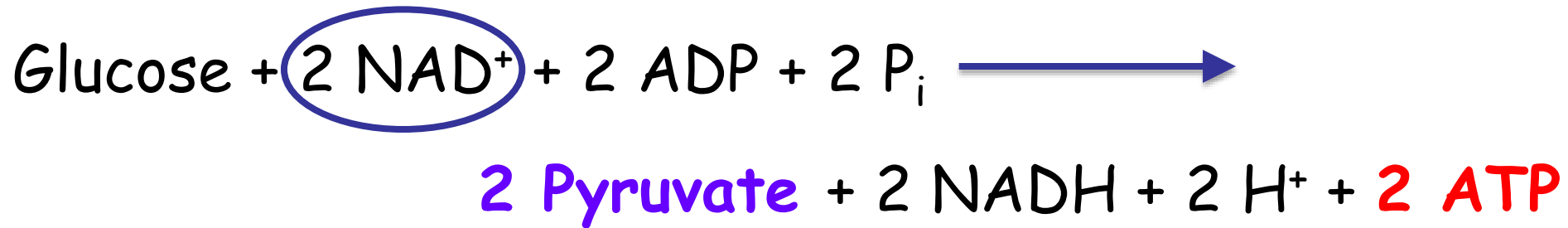
$$\Delta G'^{\circ} = -31.4 \text{ kJ/mol}$$

Rnx 10 – transfer of P from PEP to ADP

- Formation of second ATP
- Irreversible (Secondary control point in glycolysis)
- Second **substrate-level phosphorylation** (ADP receives a phosphate group from the PEP)
- Pyruvate formed.



The net overall equation for the process of glycolysis:



► **Table 24-1** ATP Production and Consumption During Glycolysis

Step	Reaction	ATP Change per Glucose
1	Glucose → glucose 6-phosphate	−1
3	Fructose 6-phosphate → fructose 1,6-bisphosphate	−1
7	2(1,3-Bisphosphoglycerate → 3-phosphoglycerate)	+2
10	2(Phosphoenolpyruvate → pyruvate)	+2
		<u>Net +2</u>

NOTE: NAD^+ must be regenerated!

Fructose and galactose are converted into glycolytic intermediates

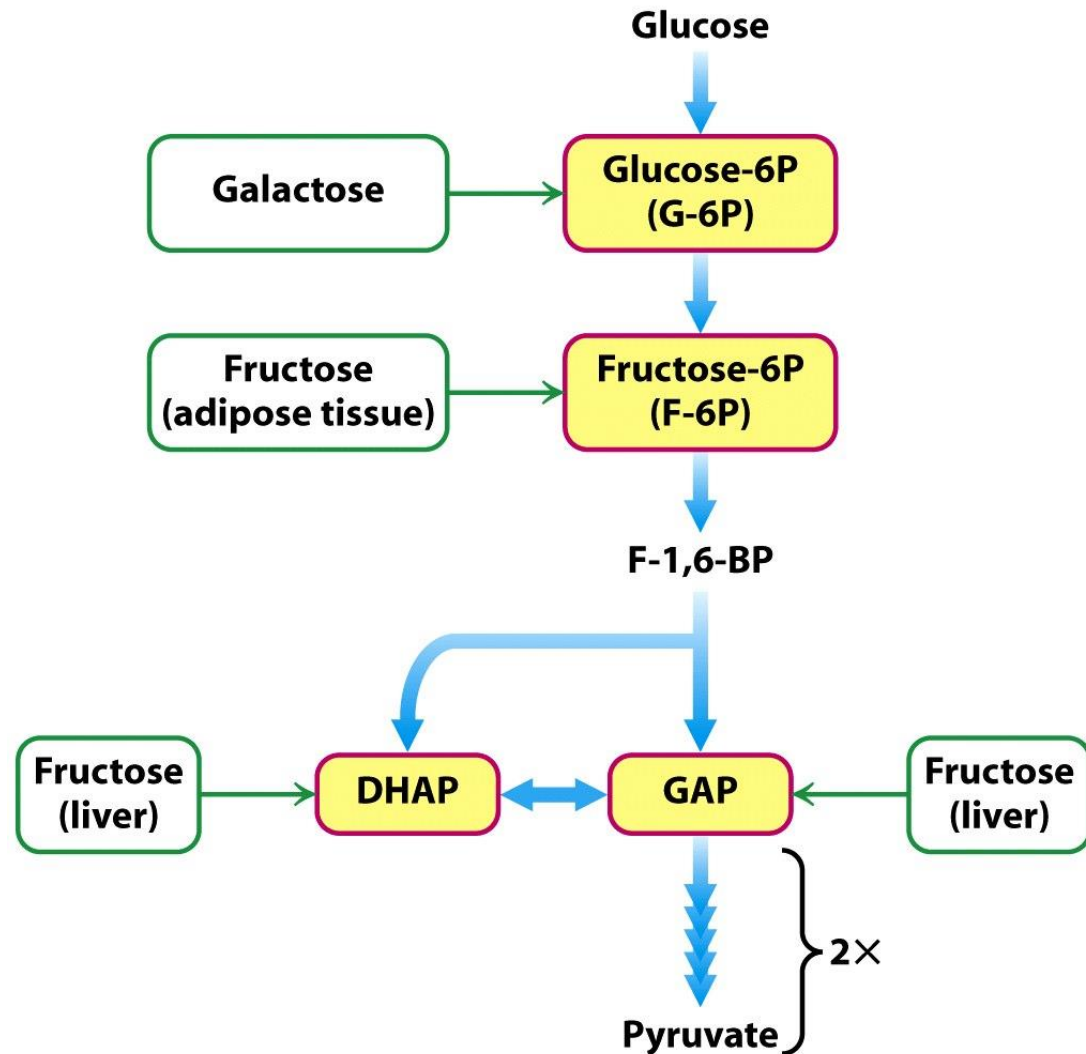


Figure 16-13
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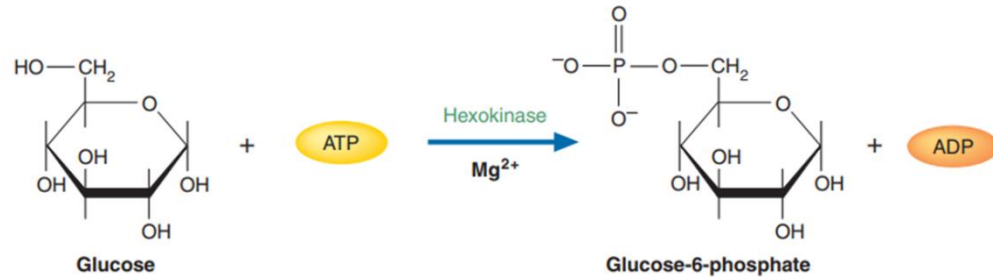
Control of Glycolysis

Local control involves dependence of enzyme-catalyzed reactions on concentrations of pathway substrates or intermediates within a cell.

3 key enzymes:

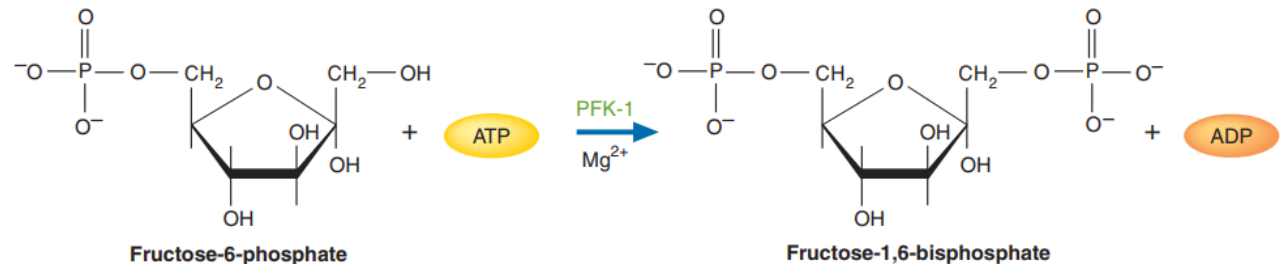
- Hexokinase**

Rxn 1



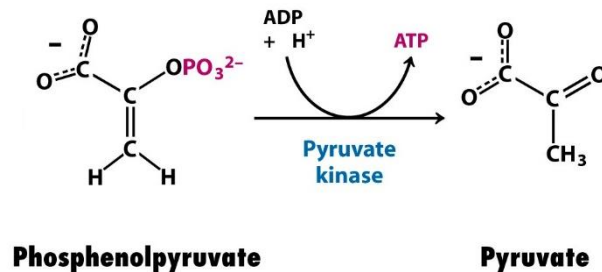
- Phosphofructokinase**

Rxn 3



- Pyruvate kinase**

Rxn 10



- ต่ำในภาวะอดอาหาร
 - สูงเมื่อรับประทานอาหาร
- เพิ่ม glycolysis

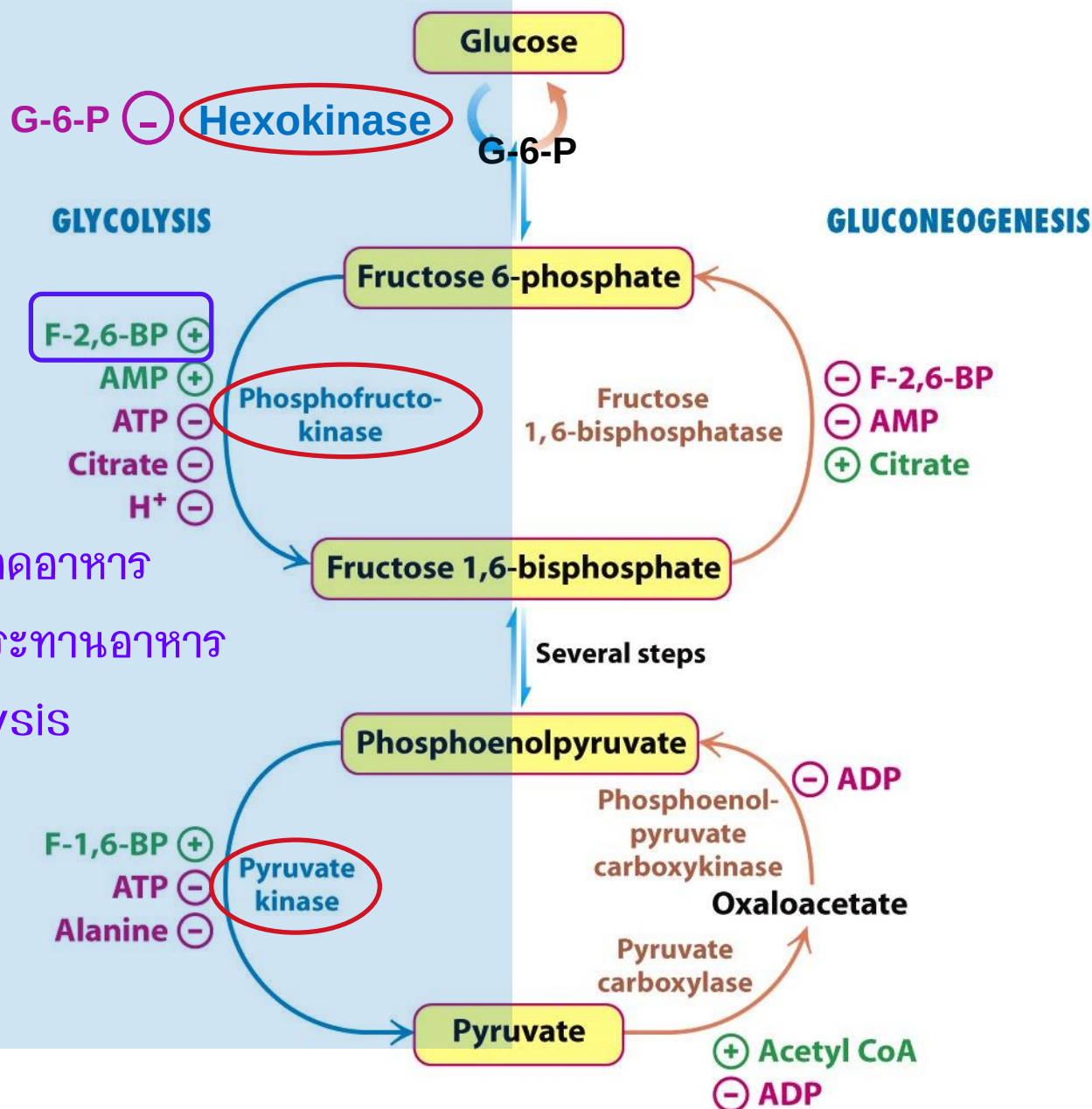


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Fates of pyruvate

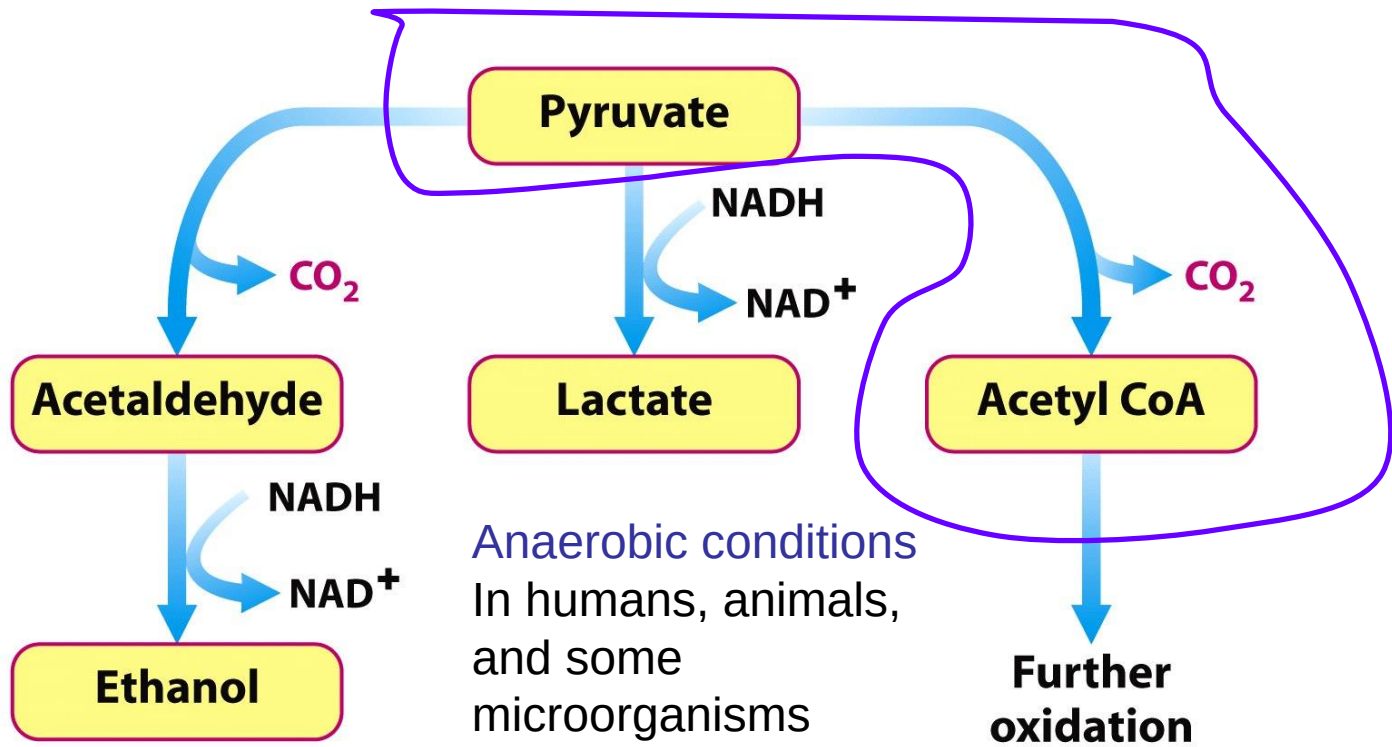


Figure 16-9
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Anaerobic conditions
In some microorganisms

Anaerobic conditions
In humans, animals,
and some
microorganisms

Aerobic conditions
In humans, animals,
and some
microorganisms

Hexokinase *versus* Glucokinase

- **Hexokinase** (all tissues)
 - Non-specific
 - $K_M = \sim 100 \mu\text{M}$
 - Inhibited by glucose-6-P (**G-6-P**)
- **Glucokinase** (primarily in **liver**)
 - Specific
 - $K_M = \sim 10 \text{ mM}$
 - Not inhibited by glucose-6-P

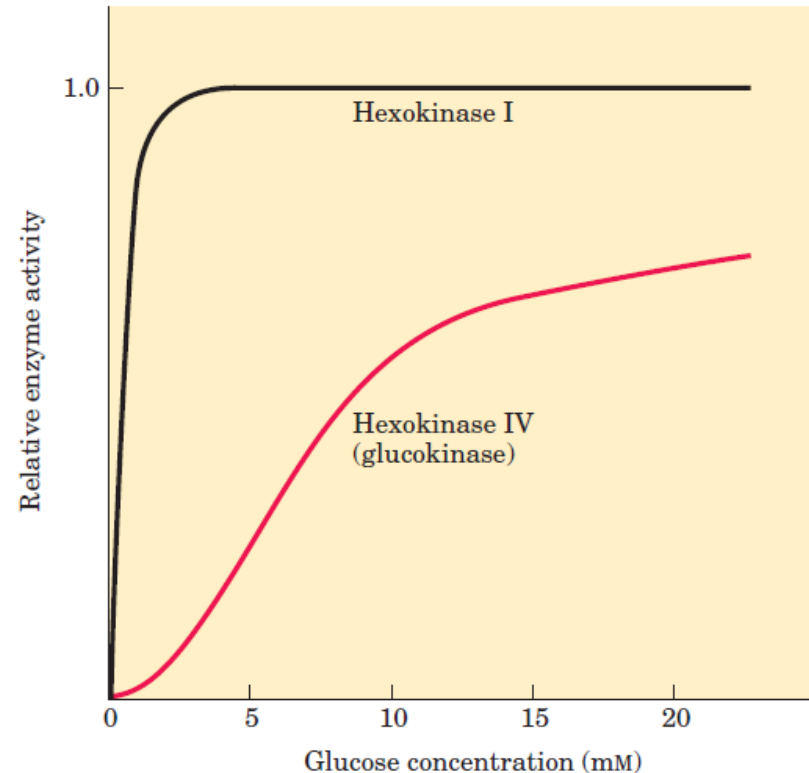
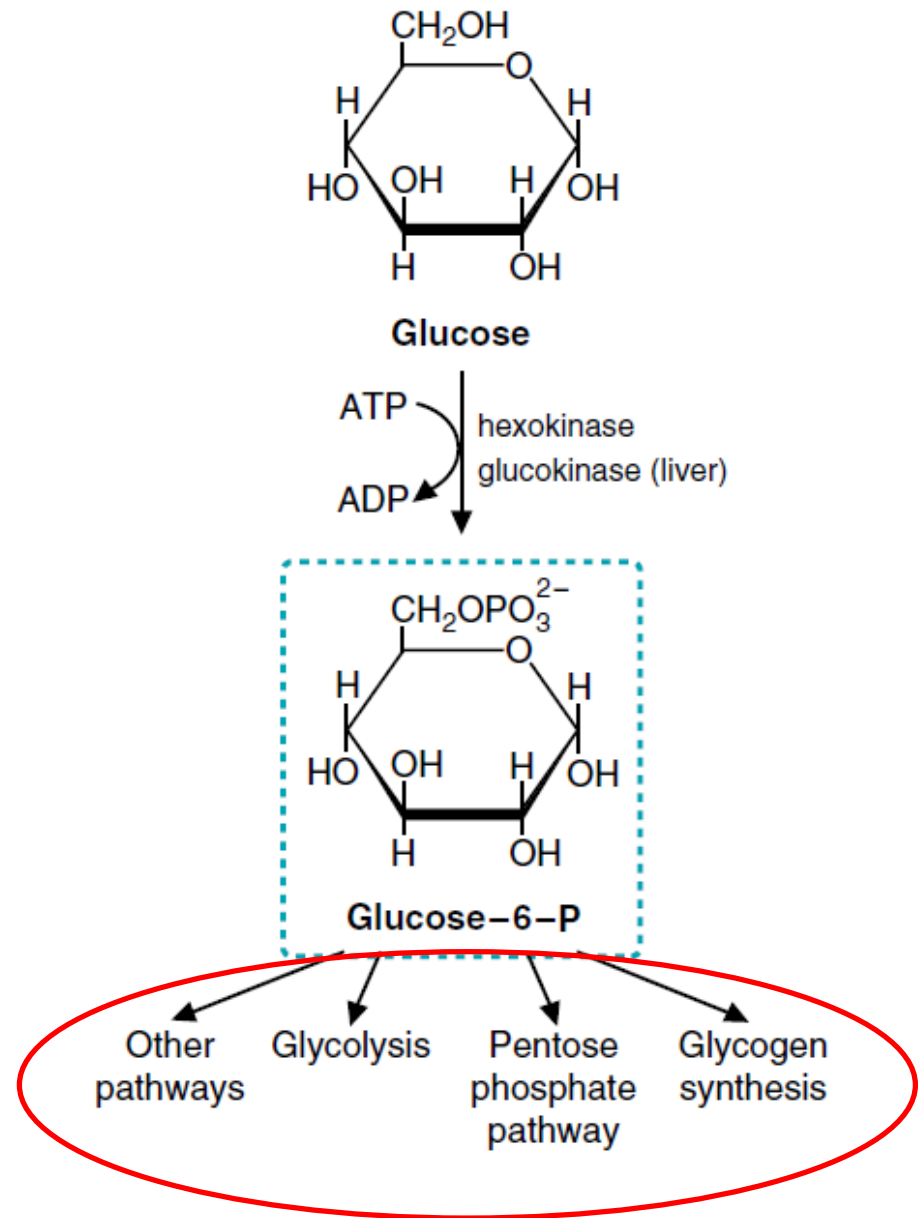


FIGURE 15-16 Comparison of the kinetic properties of hexokinase IV (glucokinase) and hexokinase I. Note the sigmoidicity for hexokinase IV and the much lower K_m for hexokinase I. When blood glucose rises above 5 mM, hexokinase IV activity increases, but hexokinase I is already operating near $V_{\max}$ at 5 mM glucose and cannot respond to an increase in glucose concentration. Hexokinase I, II, and III have similar kinetic properties.

Functional Rationale

- Most tissues: metabolize blood glucose which enters cells
 - Glc-6-P impermeable to cell membrane
 - Product inhibition
- Liver: maintain blood glucose
 - High blood glucose: glycogen
 - Low blood glucose: glycolysis

Metabolism of Glucose-6-P



Regulation!

Oxidation of pyruvate to Acetyl-CoA

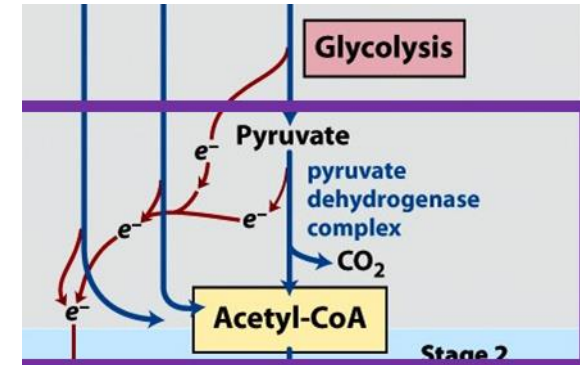
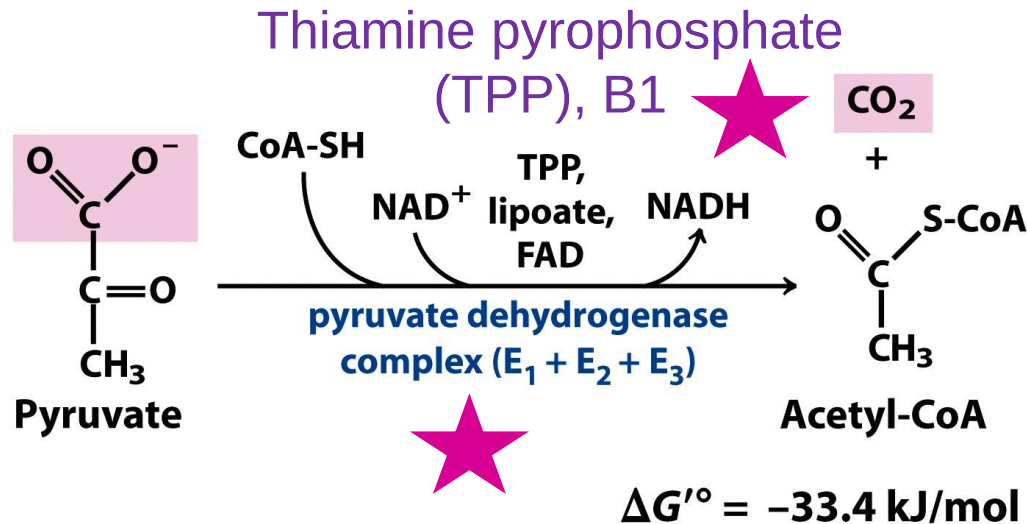


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- Oxidation and decarboxylation
- เอนไซม์ที่ใช้คือ pyruvate dehydrogenase complex มีหลาย subunits และ active sites.
- ต้องการ coenzyme 5 ชนิด CoA-SH, NAD⁺, FAD, lipoic acid and TPP
- Acetyl-CoA เข้าสู่ TCA cycle

3 stages of cellular respiration

Glycolysis

Krebs cycle

ETS (electron transport system)

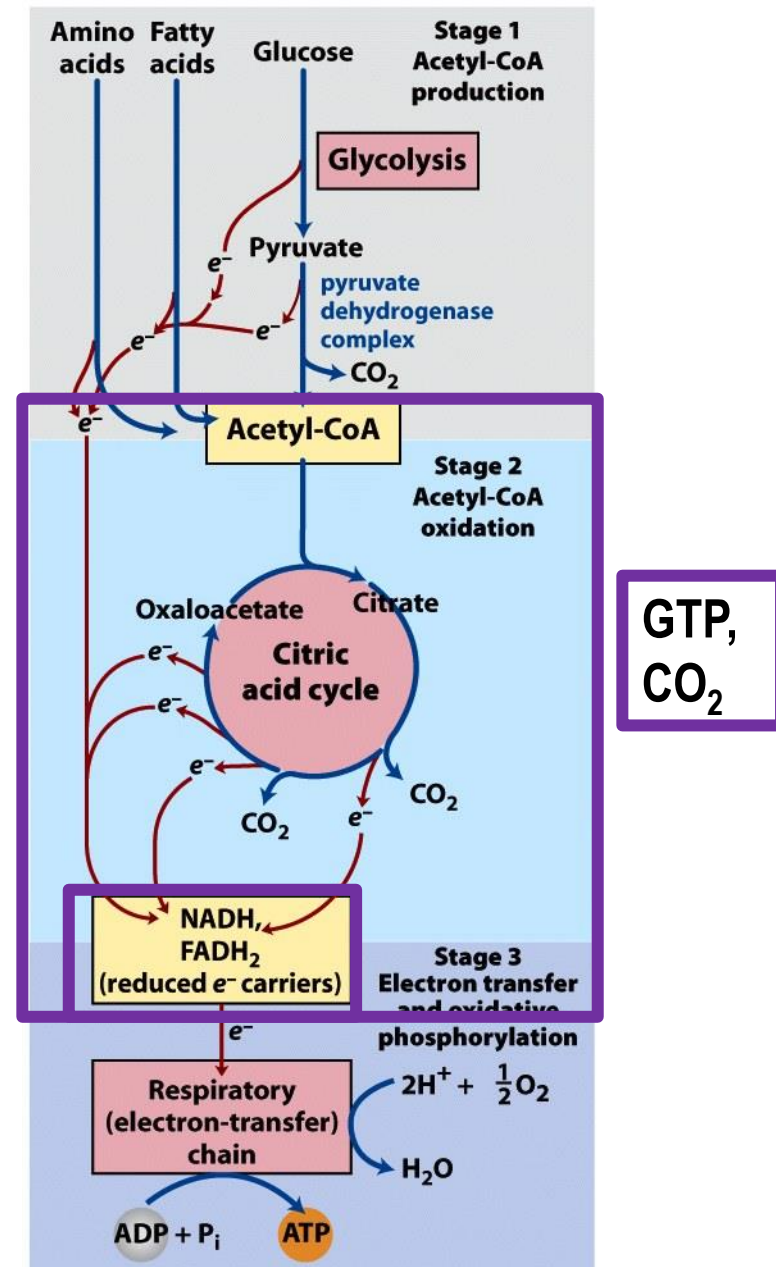
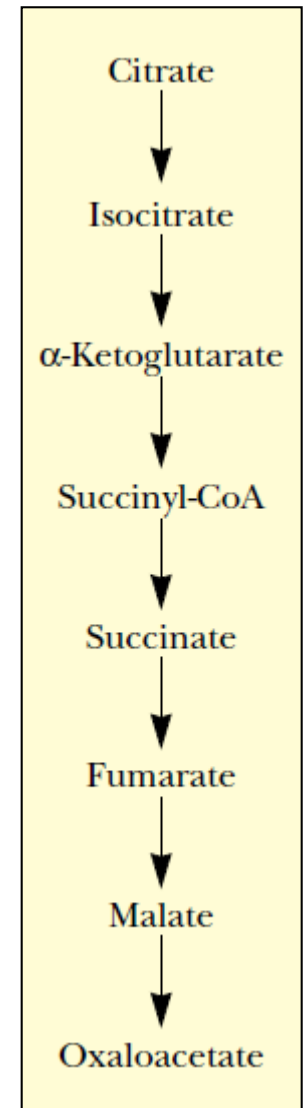
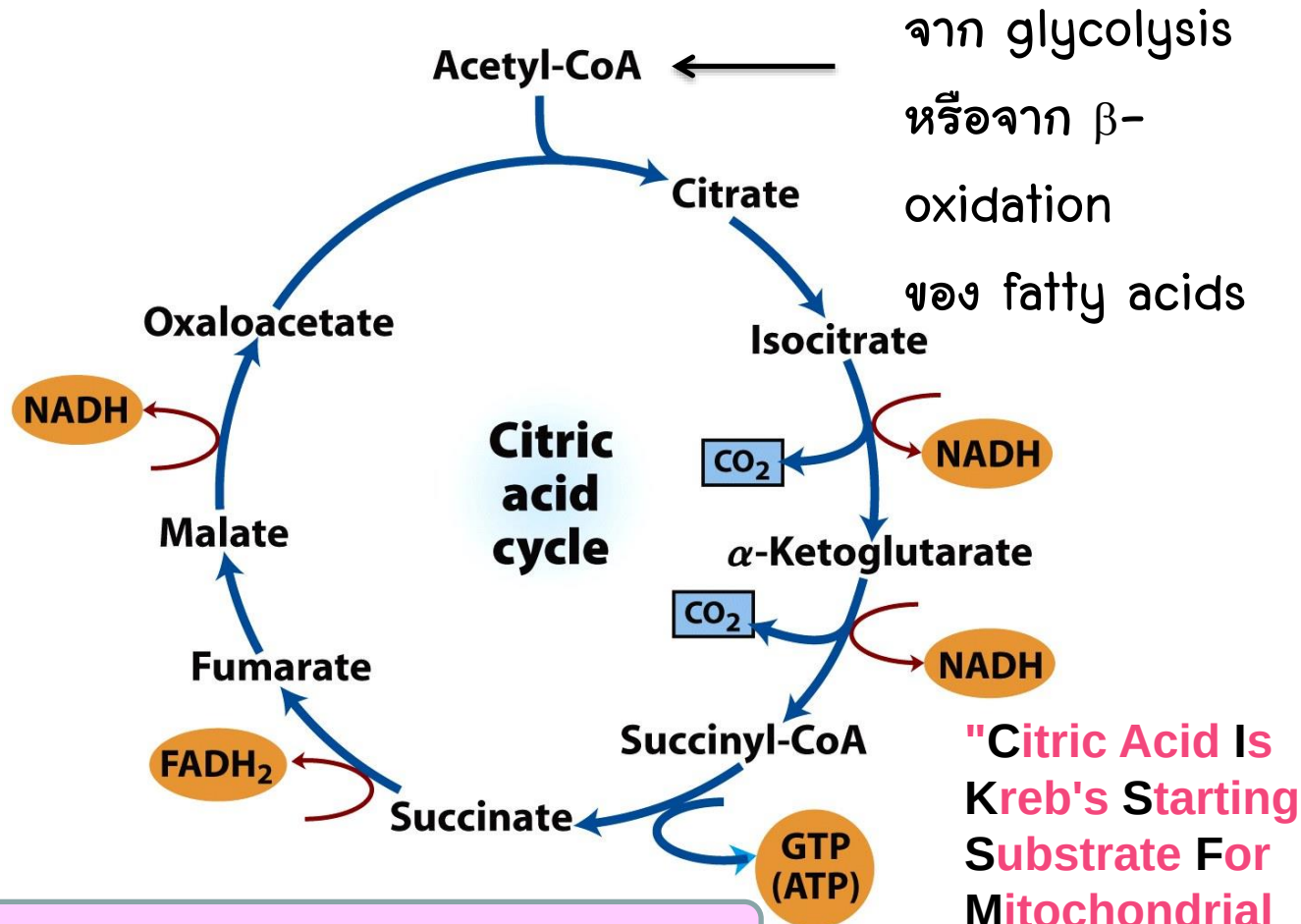


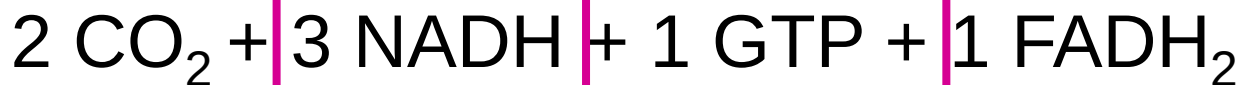
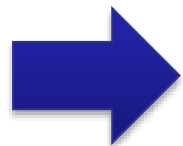
Figure 16-1

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Overview of the citric acid cycle



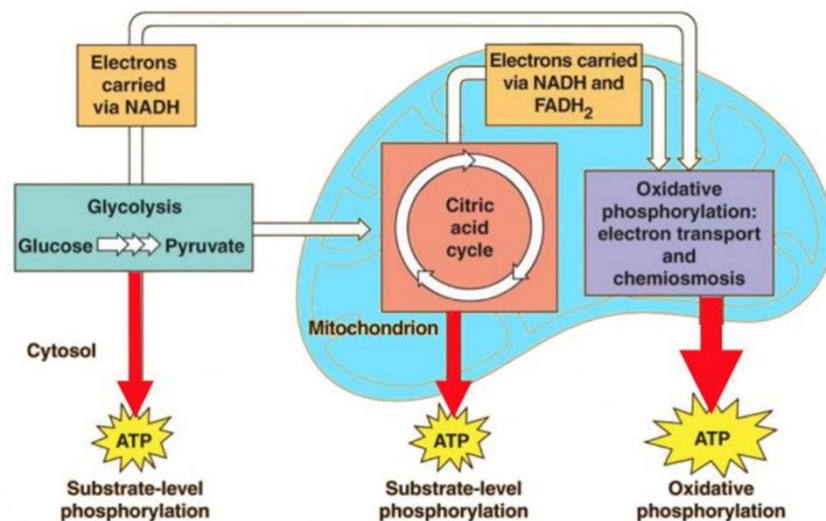
Reducing equivalents for ETS



"Citric Acid Is
Kreb's Starting
Substrate For
Mitochondrial
Oxidation"

Citric acid (TCA & Krebs) cycle

- ◆ Final common pathway for the oxidation of carbohydrates, lipids and proteins
- ◆ Take place in the mitochondria.
- ◆ 5 in 8 reactions are oxidation-reduction reactions.
- ◆ Electron carriers: NADH & FADH₂ to be used in electron transport chain/system (ETC/ETS)



TCA cycle & control

3 enzymes
control the rate
of the TCA cycle:

- Citrate synthase
- Isocitrate dehydrogenase
- α -ketoglutarate dehydrogenase complex

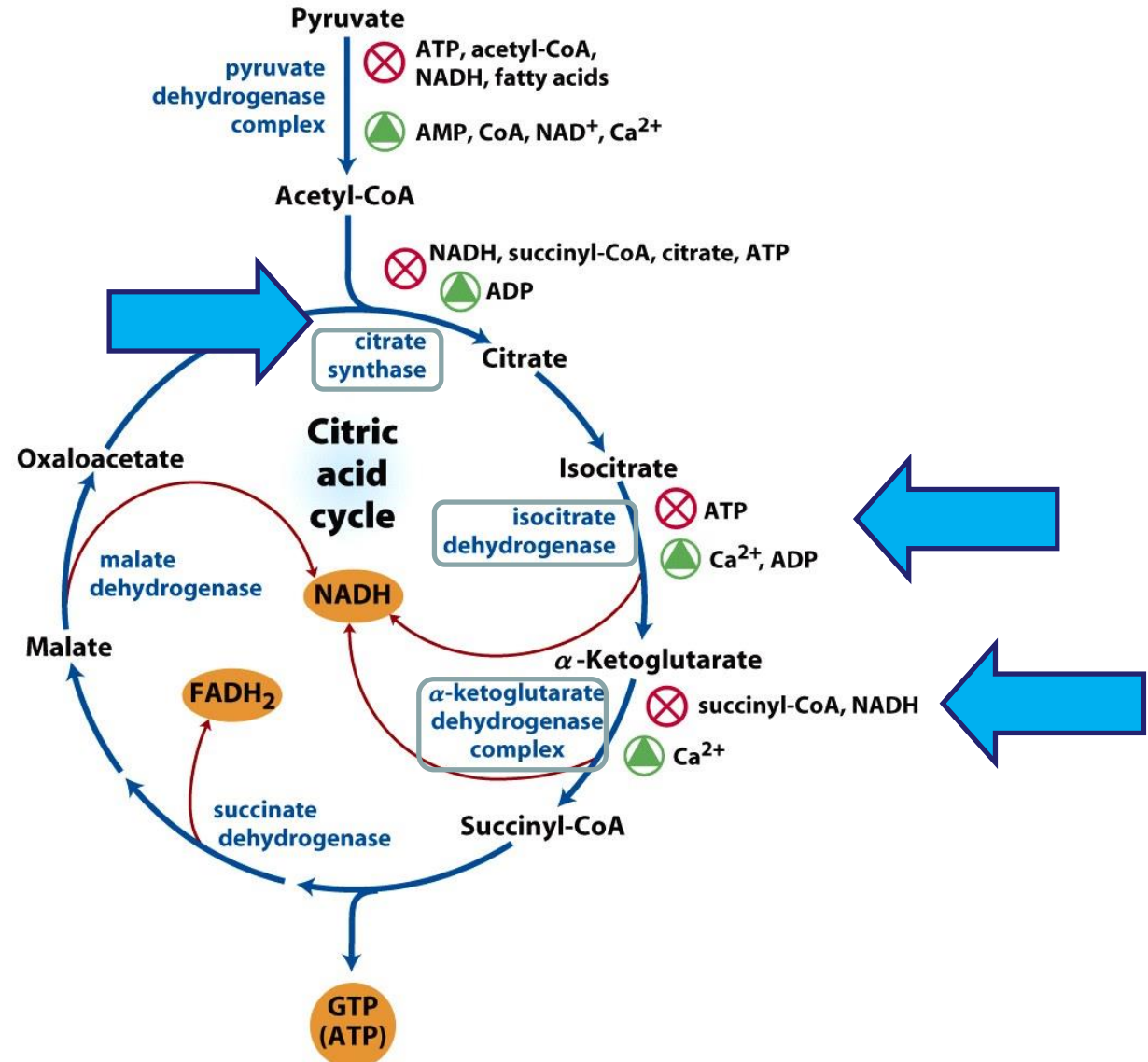
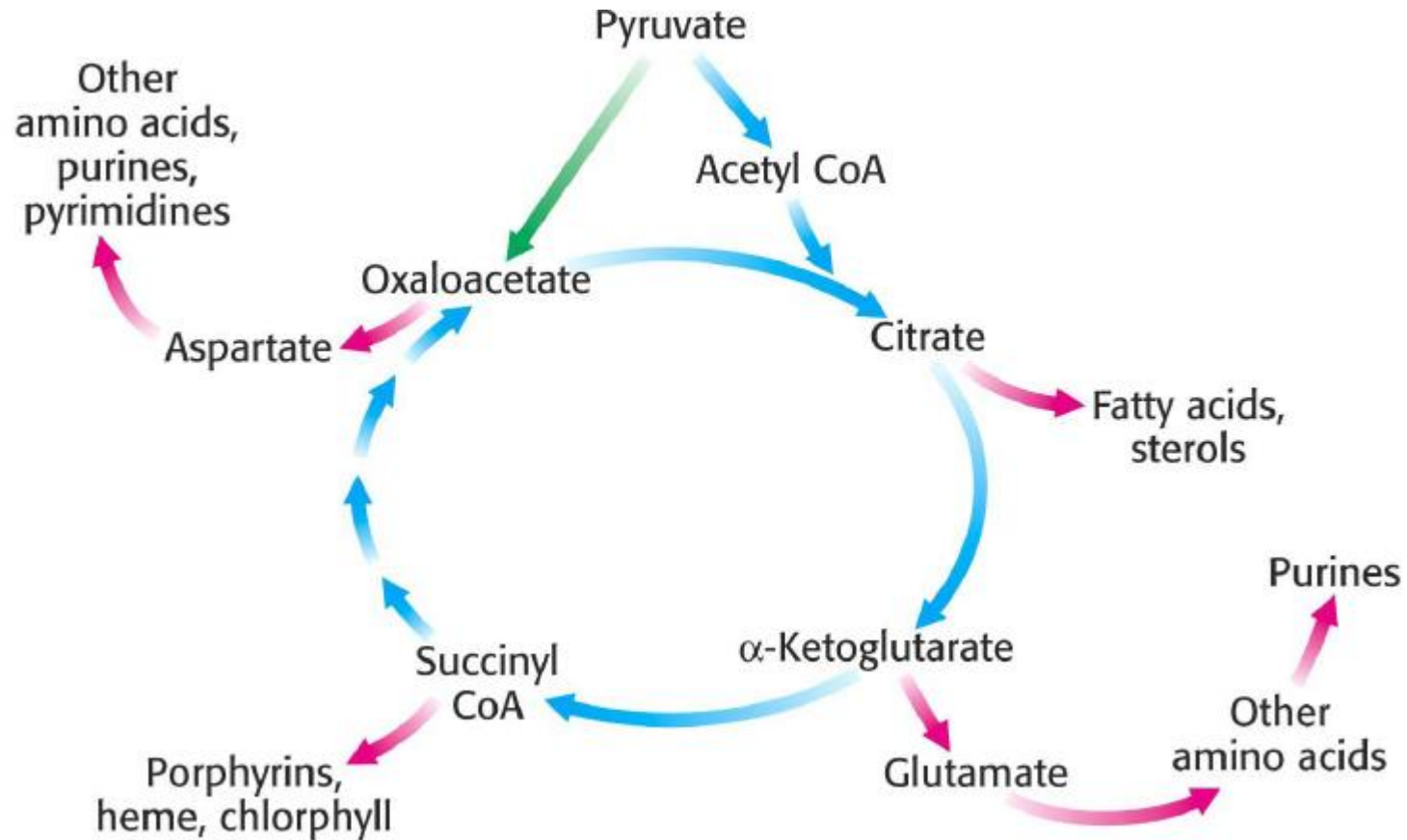


Figure 16-18
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TCA Cycle as Source of Biosynthetic Precursors



3 stages of cellular respiration

Glycolysis

Krebs cycle

ETS (electron transport system)

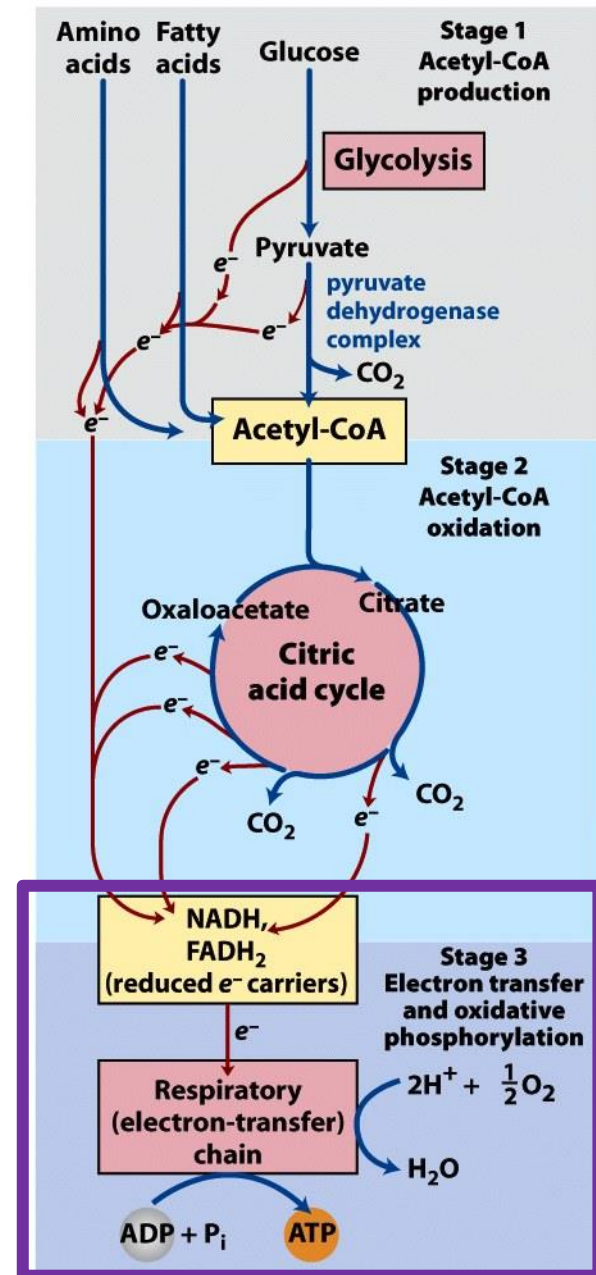
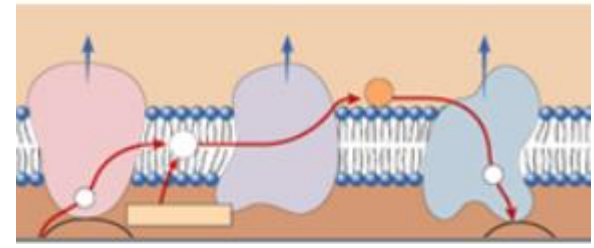


Figure 16-1

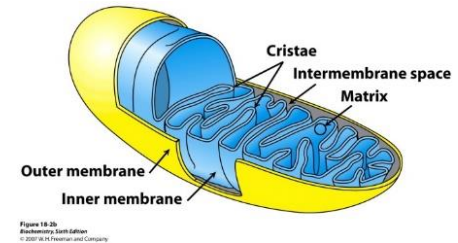
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Electron transport chain/system



- เกิดขึ้นที่เยื่อหุ้มชั้นในของไมโทคอนเดรีย
- เกิดขึ้นเป็นทอด ๆ ผ่าน protein complexes
- ลำดับของการถ่ายทอดอิเล็กตรอน



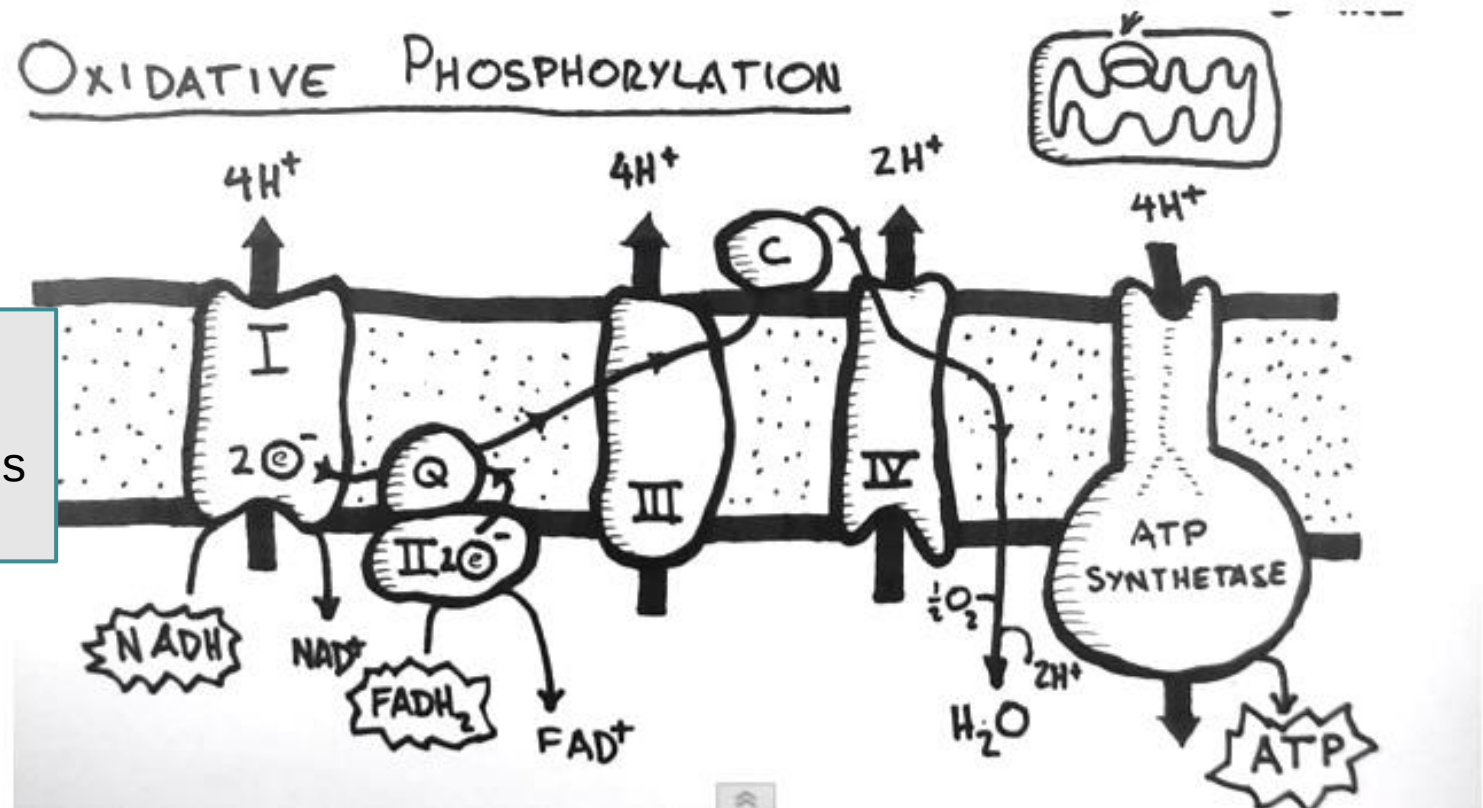
$\text{NADH} \rightarrow \text{Cpx1} \rightarrow \text{CoQ} \rightarrow \text{Cpx3} \rightarrow \text{Cpx4} \Rightarrow 3 \text{ ATP}$

$\text{FADH}_2 \rightarrow \text{Cpx2} \rightarrow \text{CoQ} \rightarrow \text{Cpx3} \rightarrow \text{Cpx4} \Rightarrow 2 \text{ ATP}$

- Oxidative phosphorylation: concentration gradient of H^+
- ตัวรับ electron ตัวสุดท้ายคือ O_2
- Inhibitors of ETS: CO , cyanine (CN^-) ยับยั้ง complex IV

ELECTRON TRANSPORT SYSTEM AND ATP SYNTHESIS

<http://www.youtube.com/watch?v=vZz-KLK-X40>



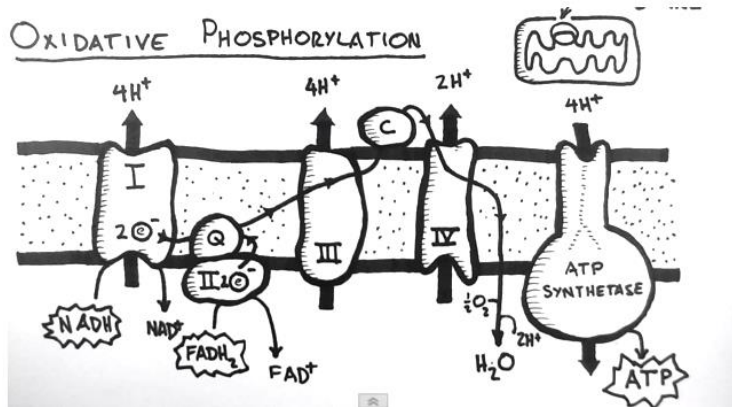
NADH dehydrogenase
Complex I

Cytochrome b-c1
Complex III

Cytochrome oxidase
Complex IV

Oxidative phosphorylation

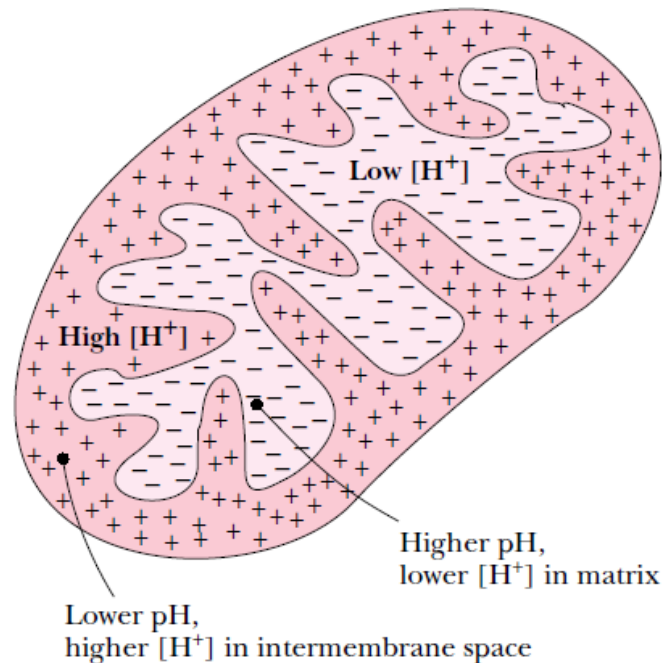
the process in which ATP is formed as a result of the transfer of electrons from NADH or FADH_2 to O_2 by a series of electron carriers.



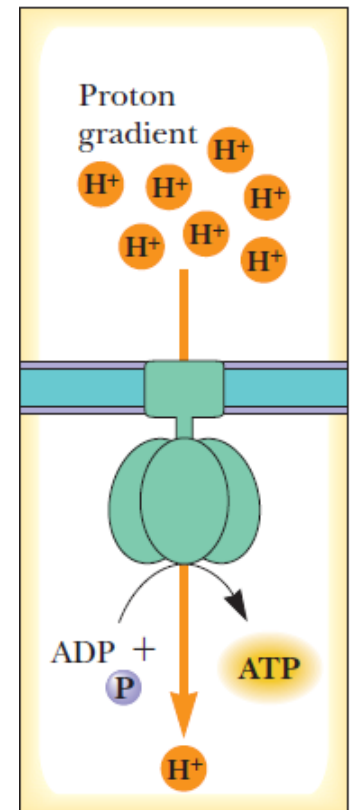
1 NADH $\Rightarrow$ 2.5 ATP

1 FADH_2 $\Rightarrow$ 1.5 ATP

Electron transport drives H^+ out and creates an electrochemical gradient



Oxidative phosphorylation

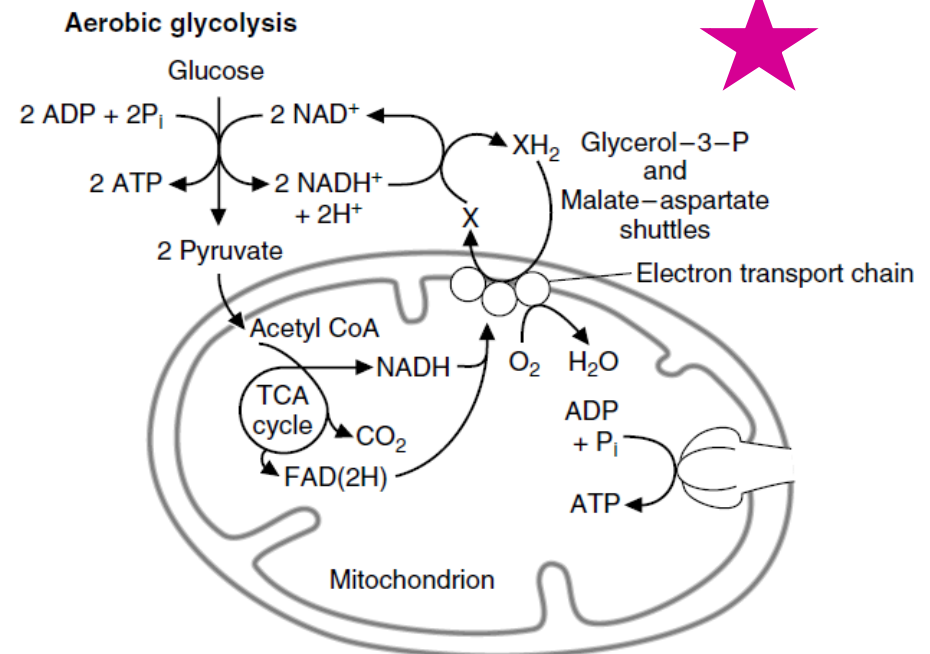


How does NADH cross the mitochondrial inner membrane?

NADH ที่เกิดจาก glycolysis ใน cytoplasm ไม่สามารถผ่านเข้าออก mitochondrial membrane ได้ แต่จะมีกลไกที่เกิดขึ้นเสมือนมีการนำโมเลกุลขนาดใหญ่ผ่าน membrane ได้ กลไกดังกล่าวคือ

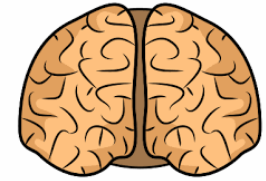
- Glycerol phosphate shuttle
- Malate-aspartate shuttle

NAD⁺
regeneration

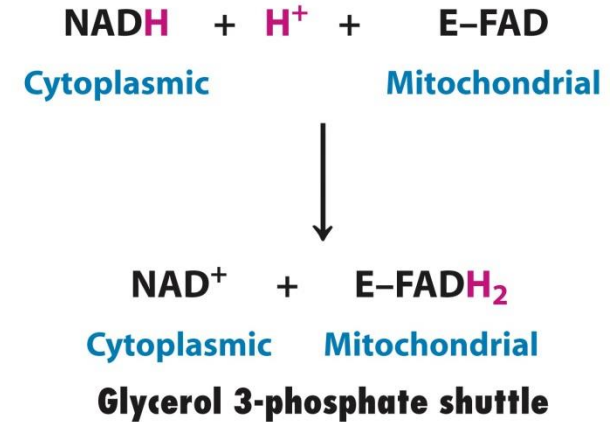
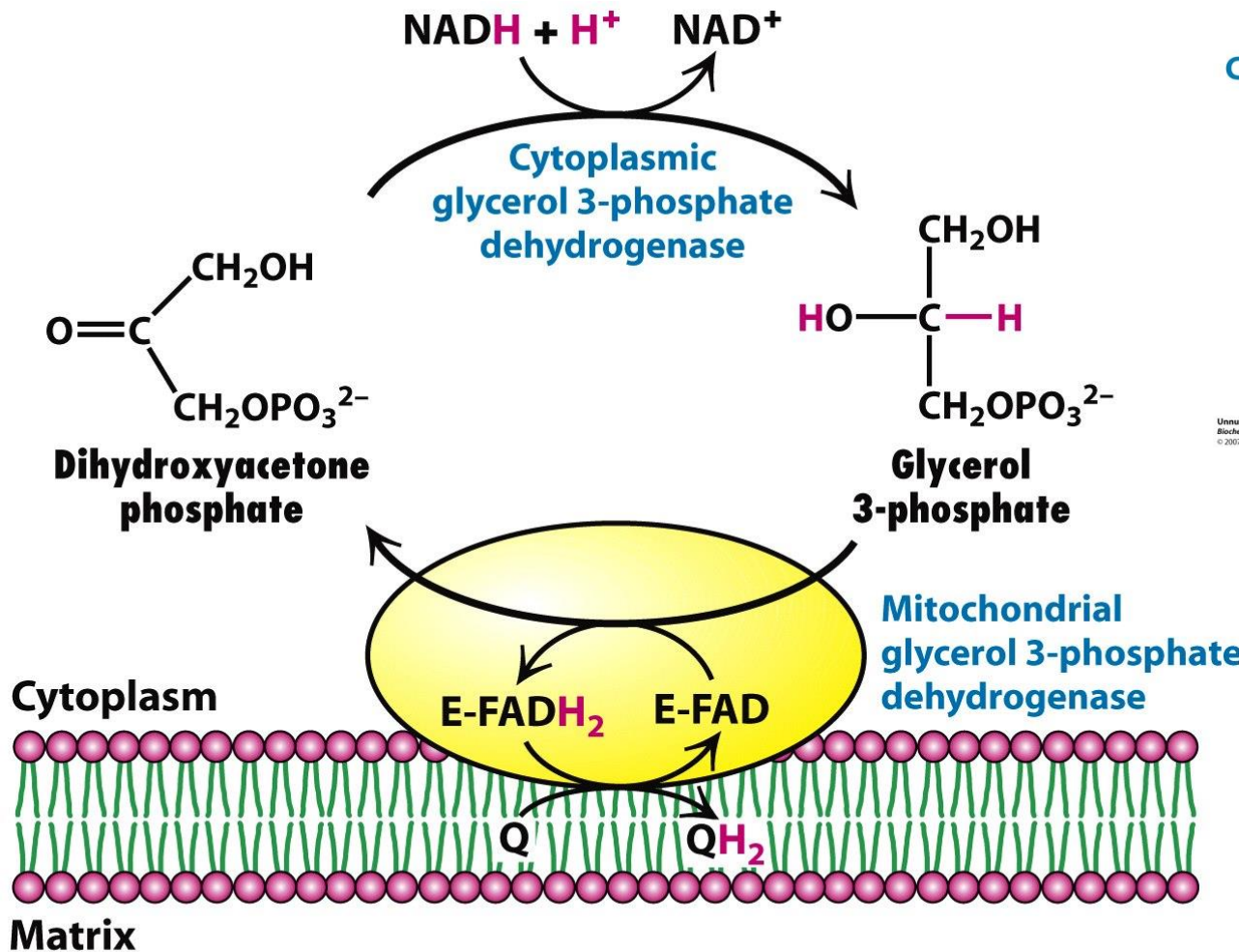


Glycerol 3-phosphate shuttle

Active in skeletal muscles and brain.

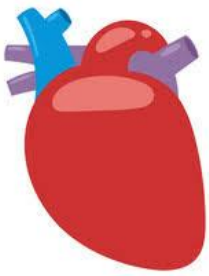


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Electrons enter the ETS via complex II, therefore only 1.5 molecules of ATP are produced.⁴³



Malate-aspartate shuttle

Active in heart and liver.

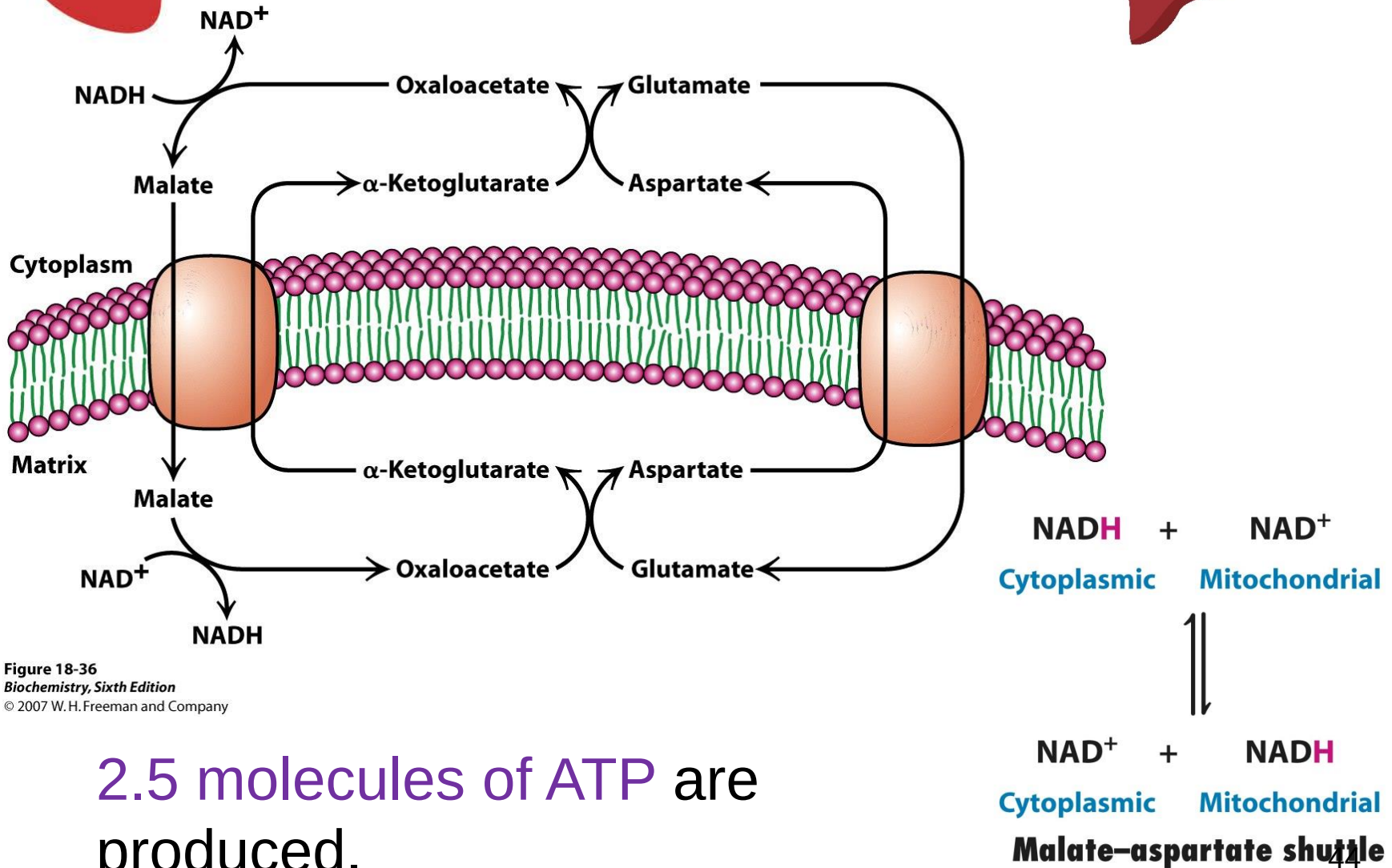
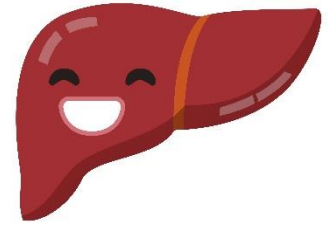


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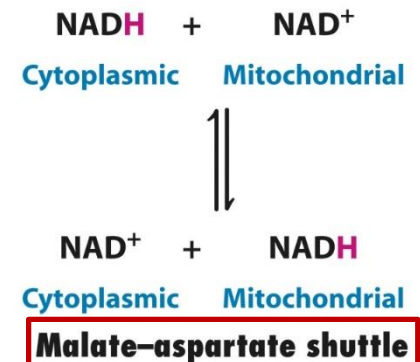
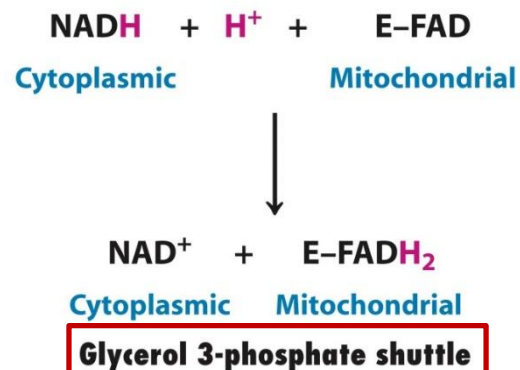
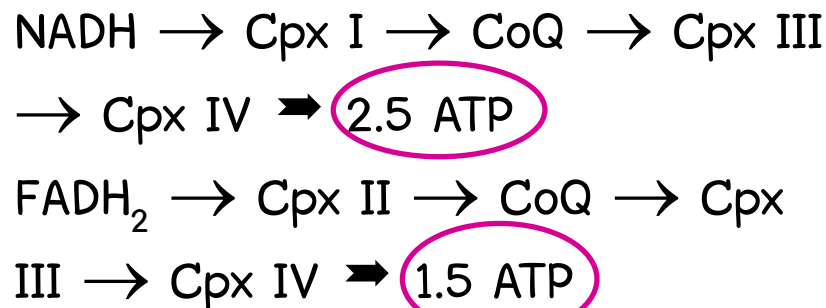
2.5 molecules of ATP are produced.

ATP ที่เกิดจากการสลายกลูโคสอย่างสมบูรณ์

หัวใจและตับ 32 ATP; สมองและกล้ามเนื้อลาย 30 ATP

TABLE 19-5 ATP Yield from Complete Oxidation of Glucose

Process	Direct product	Final ATP
Glycolysis	2 NADH (cytosolic) 2 ATP	3 or 5* 2
Pyruvate oxidation (two per glucose)	2 NADH (mitochondrial matrix)	5
Acetyl-CoA oxidation in citric acid cycle (two per glucose)	6 NADH (mitochondrial matrix) 2 FADH ₂ 2 ATP or 2 GTP	15 3 2
Total yield per glucose		30 or 32



Fates of pyruvate

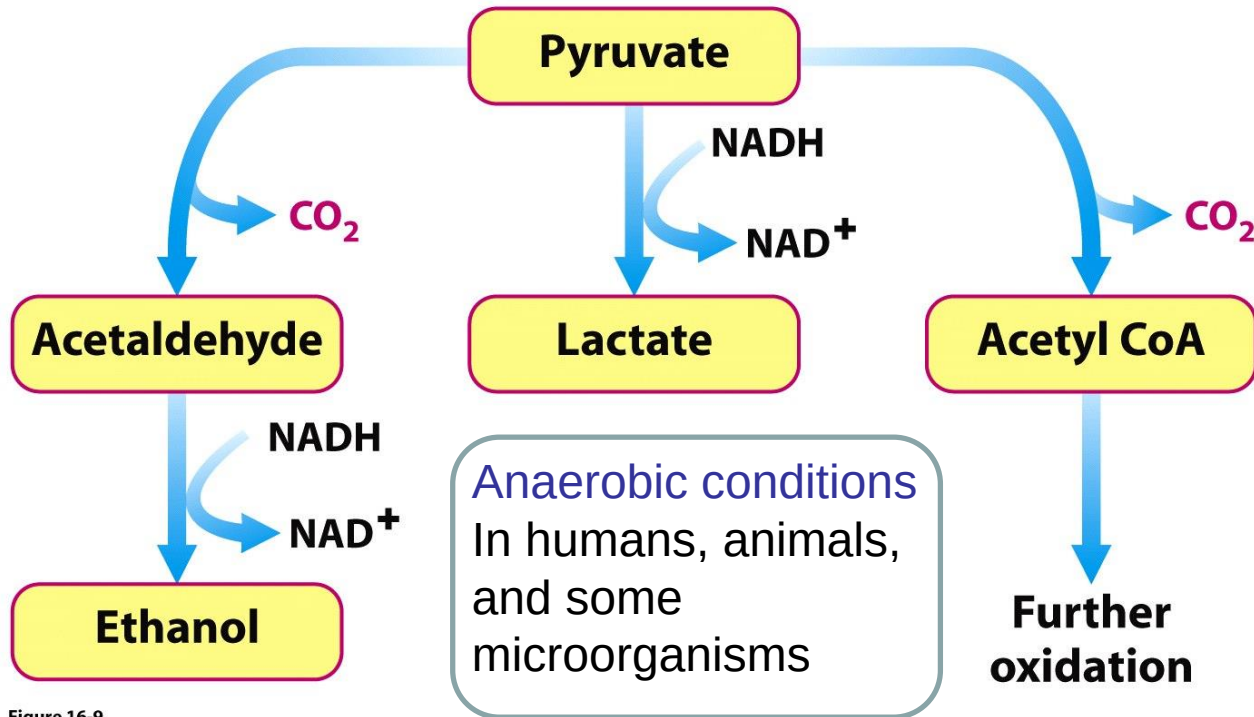
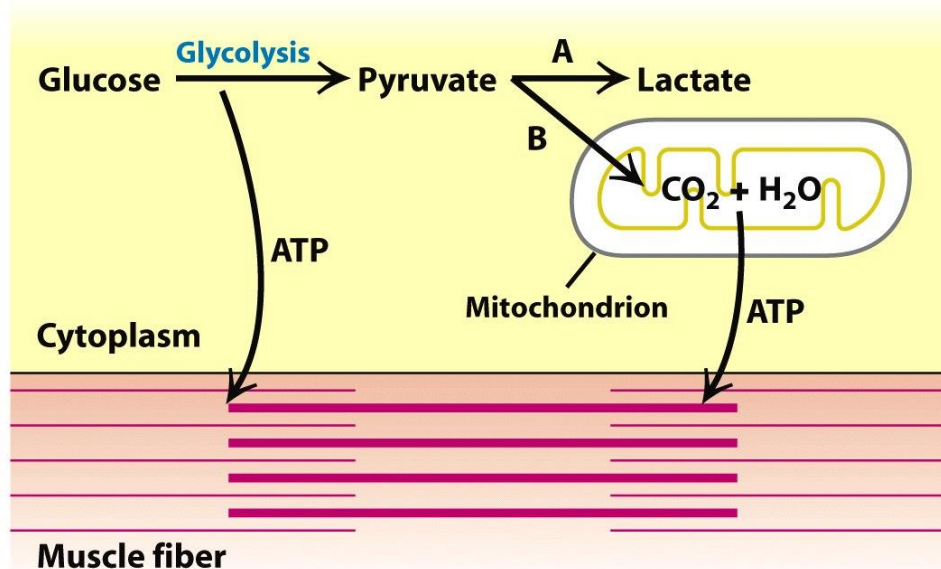
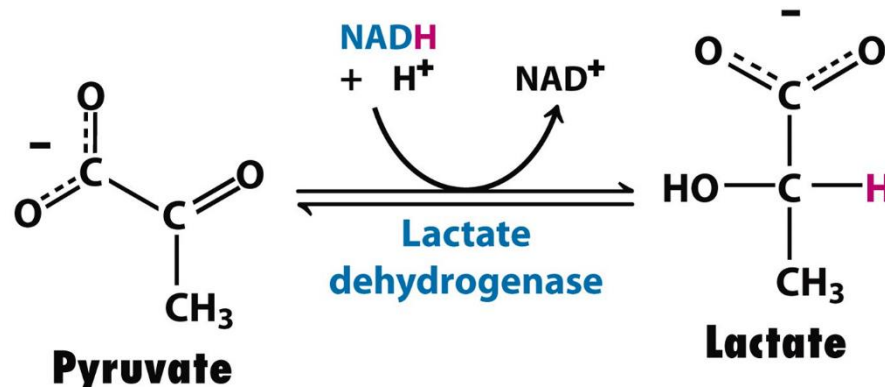


Figure 16-9
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Anaerobic conditions
In some microorganisms

Aerobic conditions
In humans, animals,
and some
microorganisms

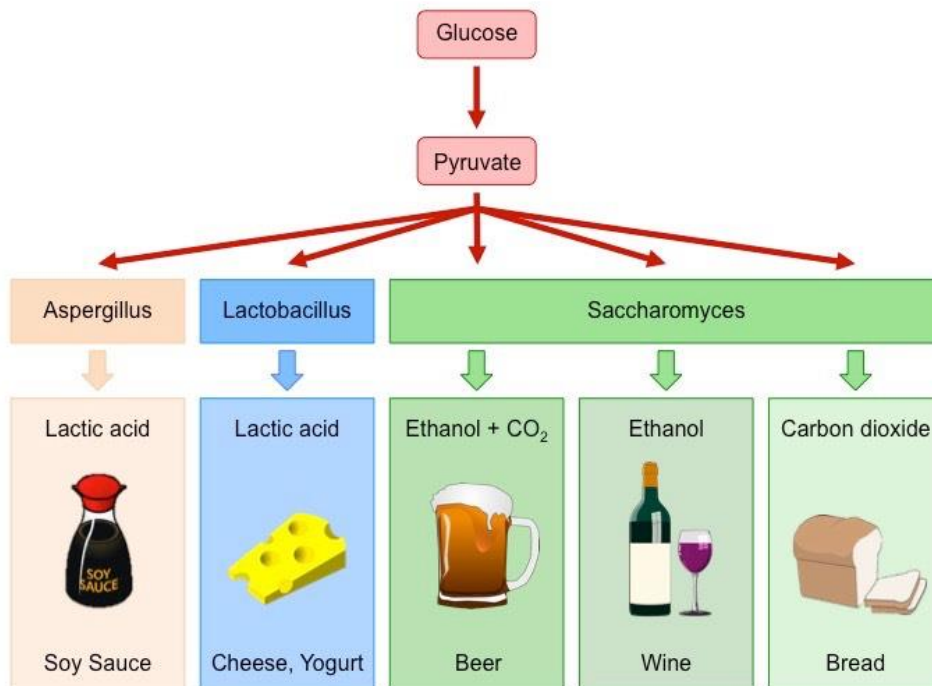
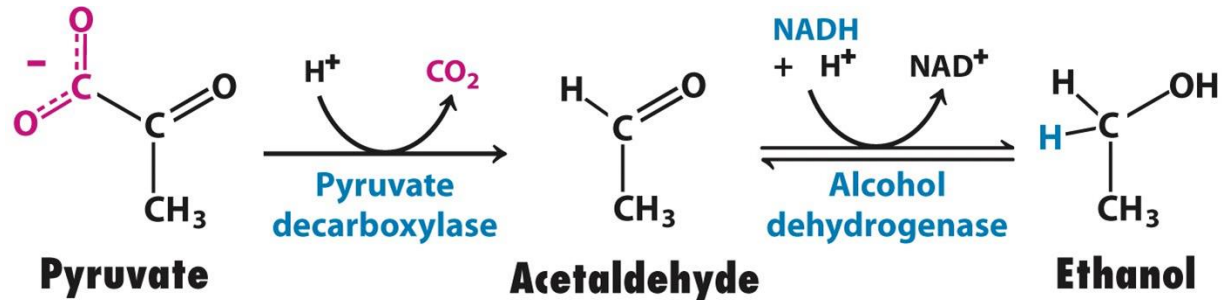
When O₂ is not available, cells use anaerobic respiration to obtain energy



- A. Low O₂
(last seconds of a sprint)
- B. Normal
(long slow run)

Fermentation

In yeast and certain bacterial species, pyruvate is decarboxylated to form acetaldehyde, which is then reduced by NADH to form ethanol.



Fermentation products

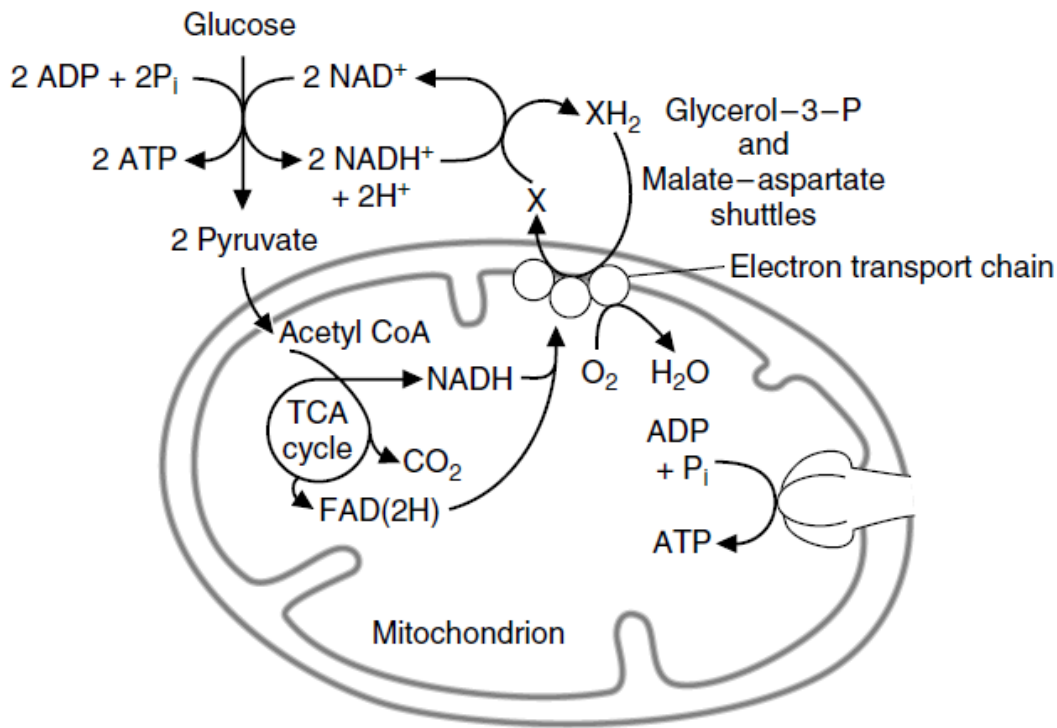
Aerobic cellular respiration:

🌱 Glycolysis $\Rightarrow$ acetyl CoA formation $\Rightarrow$ Krebs cycle $\Rightarrow$ ETS

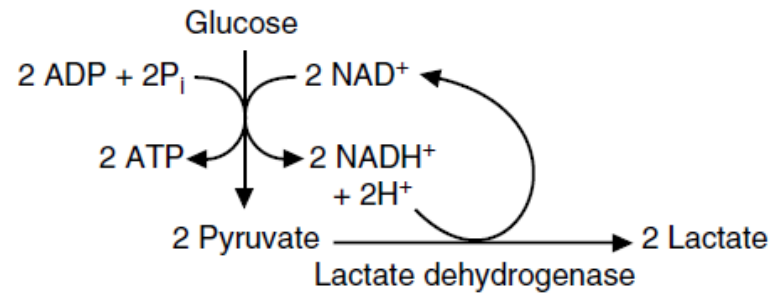
Anaerobic cellular respiration (eg. during exercise, in RBCs):

🌱 Pyruvate เปลี่ยนเป็น lactate โดย lactate dehydrogenase ★

A. Aerobic glycolysis

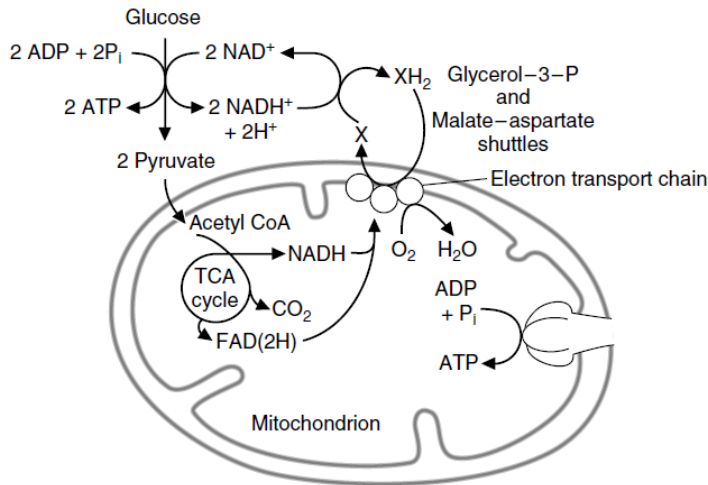


B. Anaerobic glycolysis

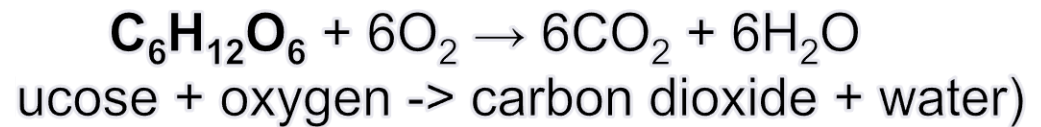


- Glucose เป็นเชื้อเพลิง (metabolic fuel) ของทุกเซลล์ ถ้า O_2 เพียงพอ จะมีการสลาย glucose ผ่าน aerobic cellular respiration:

A. Aerobic glycolysis



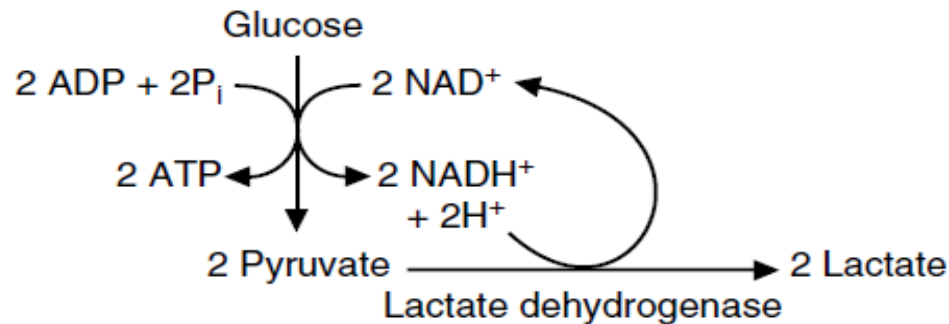
Glycolysis $\Rightarrow$ acetyl CoA formation
 $\Rightarrow$ Krebs cycle $\Rightarrow$ ETS/ETC



- CO_2 ถูกกำจัดออกทางเลือด ผ่านระบบบัฟเฟอร์ที่ควบคุม pH ของเลือด คือ carbonic/bicarbonate buffer
- NAD^+ regeneration ผ่าน Malate-aspartate shuttle และ Glyceral-3-phosphate shuttle

- หาก O_2 ไม่เพียงพอกับความต้องการของเซลล์ จะมีการผลิตพลังงานแบบ **anaerobic cellular respiration** และ regenerate NAD^+ โดยเปลี่ยน $pyruvate \rightarrow lactic\ acid \rightarrow lactate + H^+$

B. Anaerobic glycolysis



- Lactate $\rightarrow$ Liver เพื่อเปลี่ยนกลับเป็น glucose ตามวิถี gluconeogenesis
- H^+ ทำให้ pH ของเลือดลดลง และเปลี่ยนเป็น H_2CO_3 โดย $H_2CO_3 \rightleftharpoons H^+ + HCO_3^-$

Gluconeogenesis

the generation (genesis) of new (neo) glucose

- กระบวนการสร้างกลูโคสขึ้นมาใหม่จากสารประกอบที่ไม่ใช่คาร์โบไฮเดรต
- Substrates for gluconeogenesis:
Lactate, glycerol and glucogenic amino acids
- เกิดในภาวะที่ร่างกายต้องการกลูโคส และได้รับสารอาหารคาร์โบไฮเดรตไม่เพียงพอ
- เกิดมากในตับ พบในไต ลำไส้เล็ก

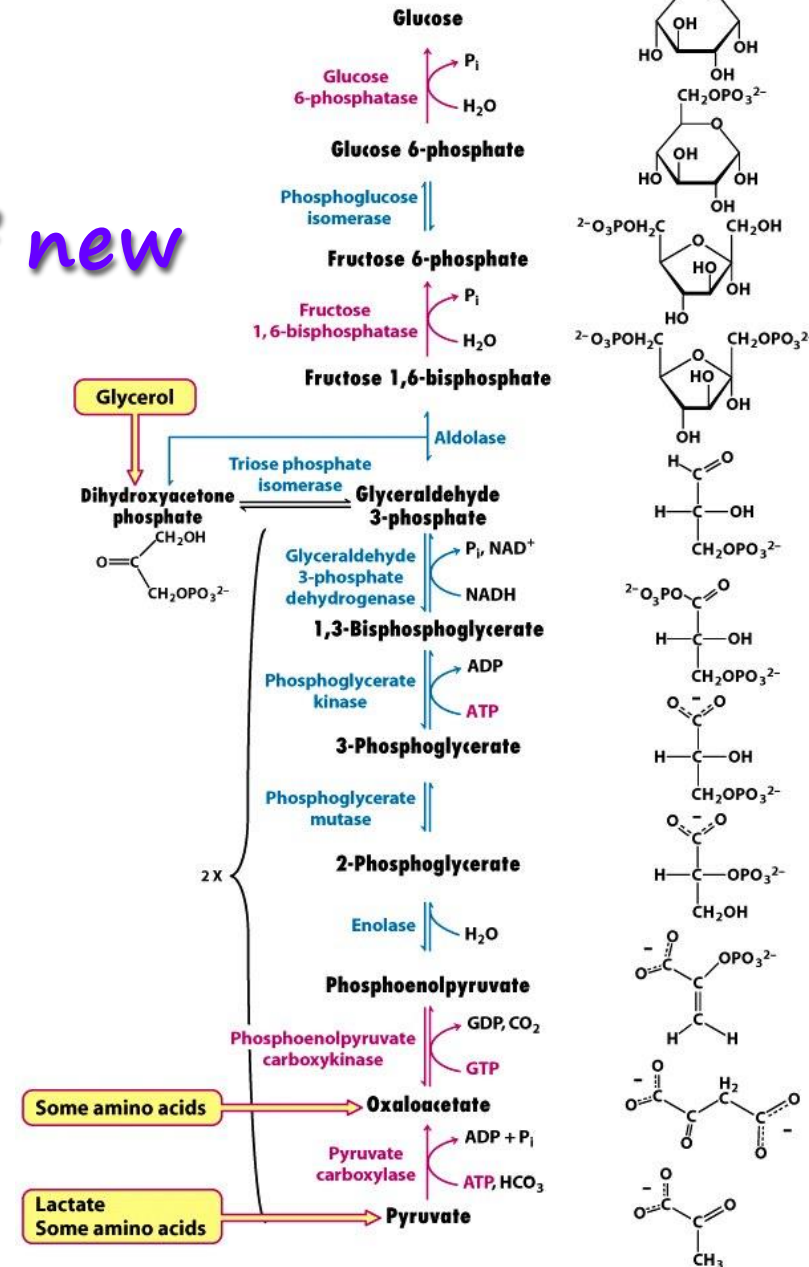
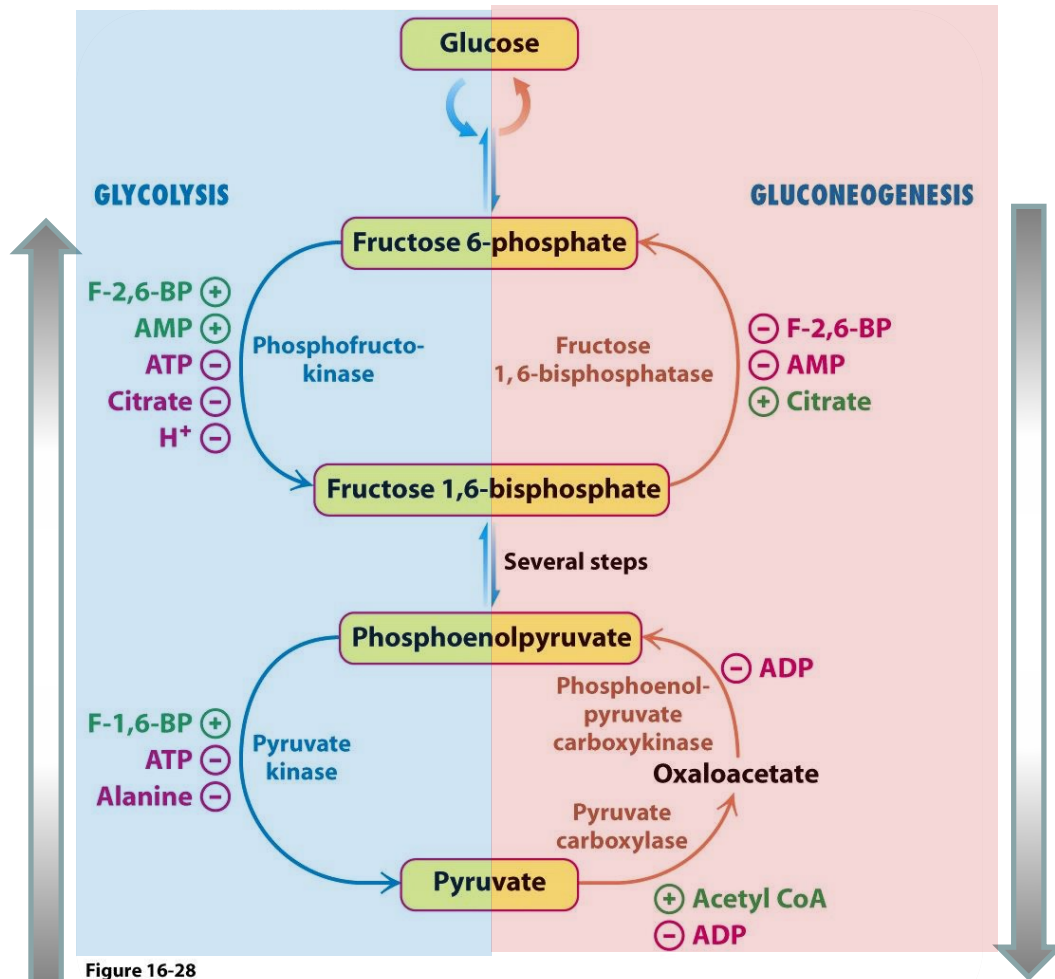


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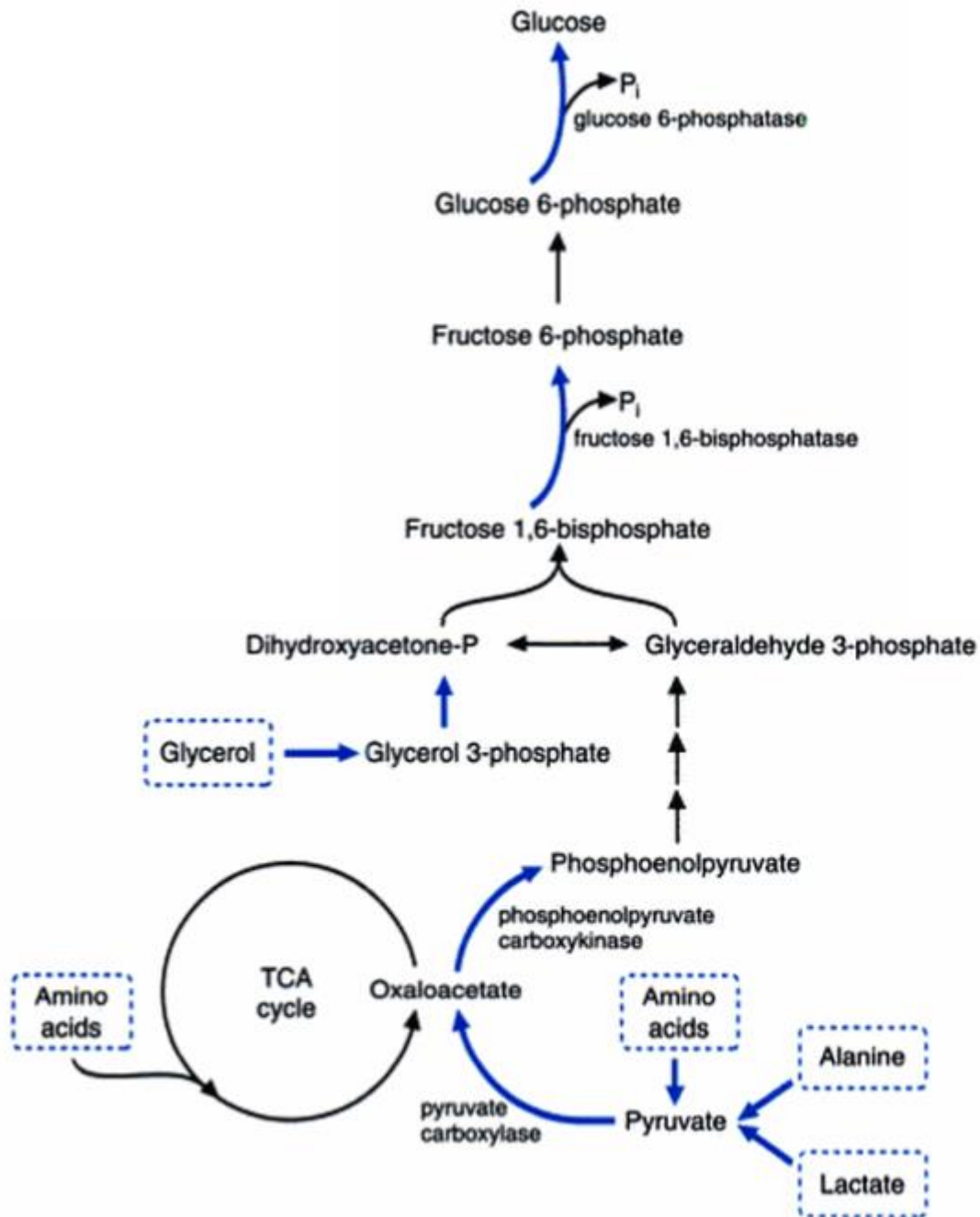
Glycolysis and gluconeogenesis are reciprocally regulated



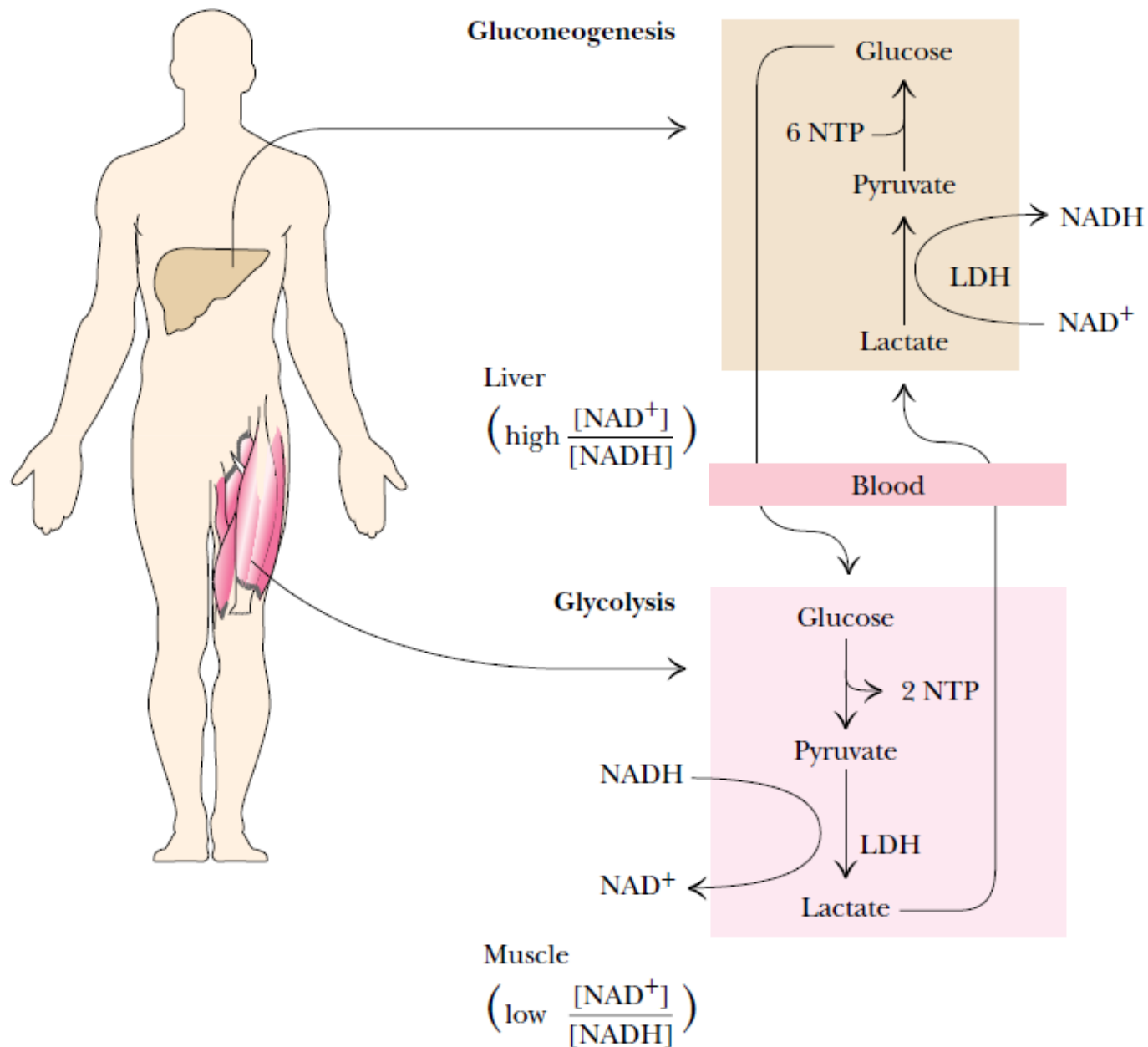
- Pathways not active at the same time.
- Regulated by products of reaction and precursors
- Inhibitors in glycolysis could be activators in gluconeogenesis ex. F-2,6-BP, AMP, citrate.



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Figure 16-28



Substrates for
gluconeogenesis คือ
Lactate, glycerol,
some amino acids ★

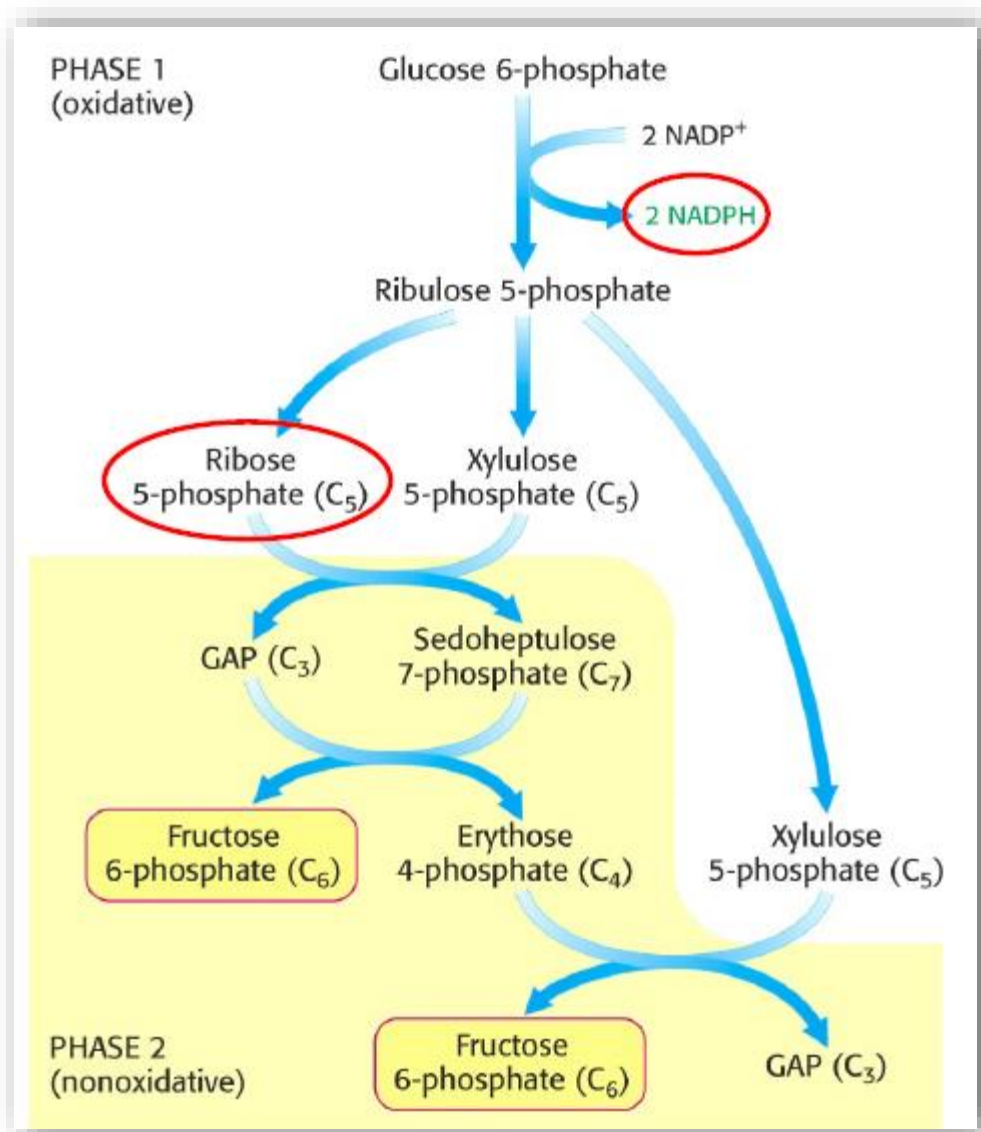


Glucose is synthesized from lactate (the Cori cycle)

Pentose phosphate pathway (PPP)/ hexose monophosphate shunt

1. เป็น shunt (“ทางแยก”) ของ glycolysis ซึ่ง supply **NADPH** และ **Ribose-5-P**
 - **NADPH** เป็นที่ต้องการของ biosynthetic pathways เช่น FA biosynthesis, cholesterol synthesis เป็นต้น และยังเป็นที่ต้องการของ detoxification เช่น reduction of oxidized glutathione
 - **Ribose-5-P** เป็น precursor ของการสังเคราะห์ nucleotides
2. Regulatory enzyme คือ **glucose-6-phosphate DH** (ขาดเอนไซม์นี้เกิดภาวะ G6PD deficiency)

Pentose phosphate pathway (PPP)



เกิดใน cytoplasm

แบ่งเป็น 2 phases

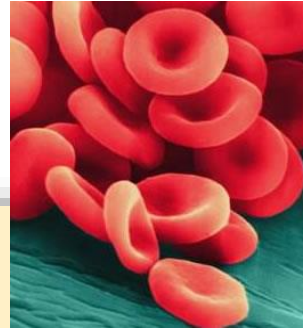
- **Oxidative phase:**

Oxidation of G-6-P เพื่อสร้าง NADPH

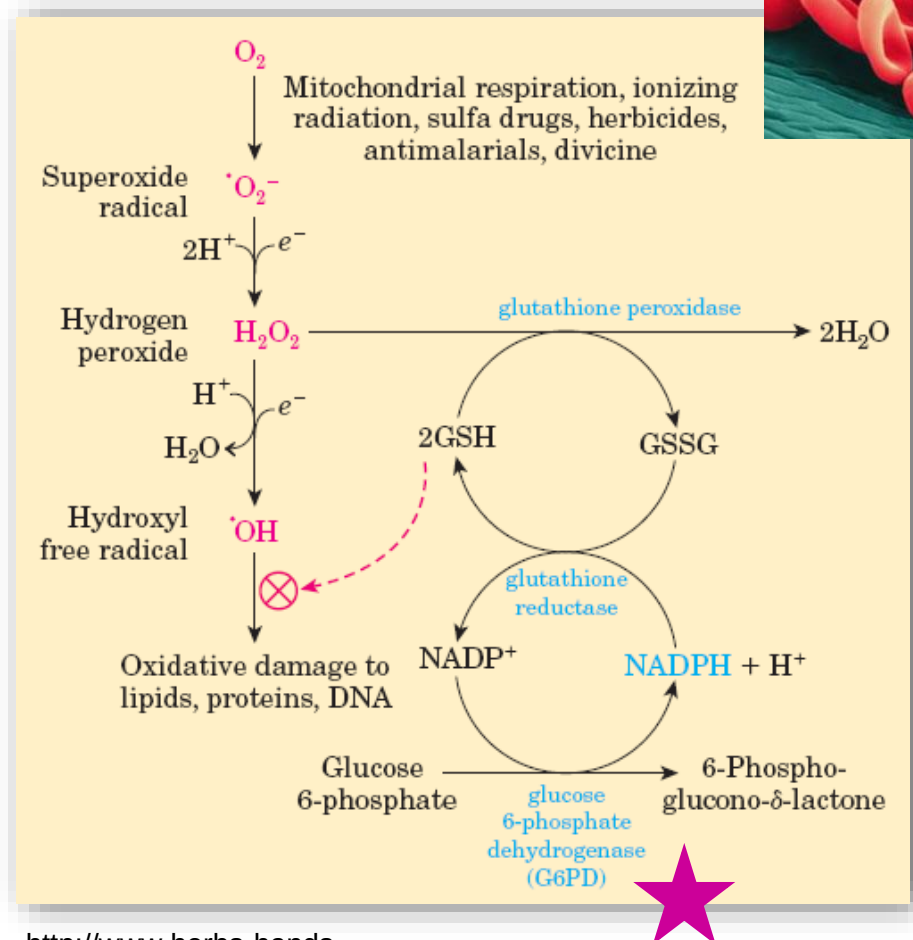
- **Nonoxidative phase:**

ได้ phosphorylated 5 carbon sugars (pentoses)
GAP สามารถเข้า glycolysis ได้

G6PD deficiency

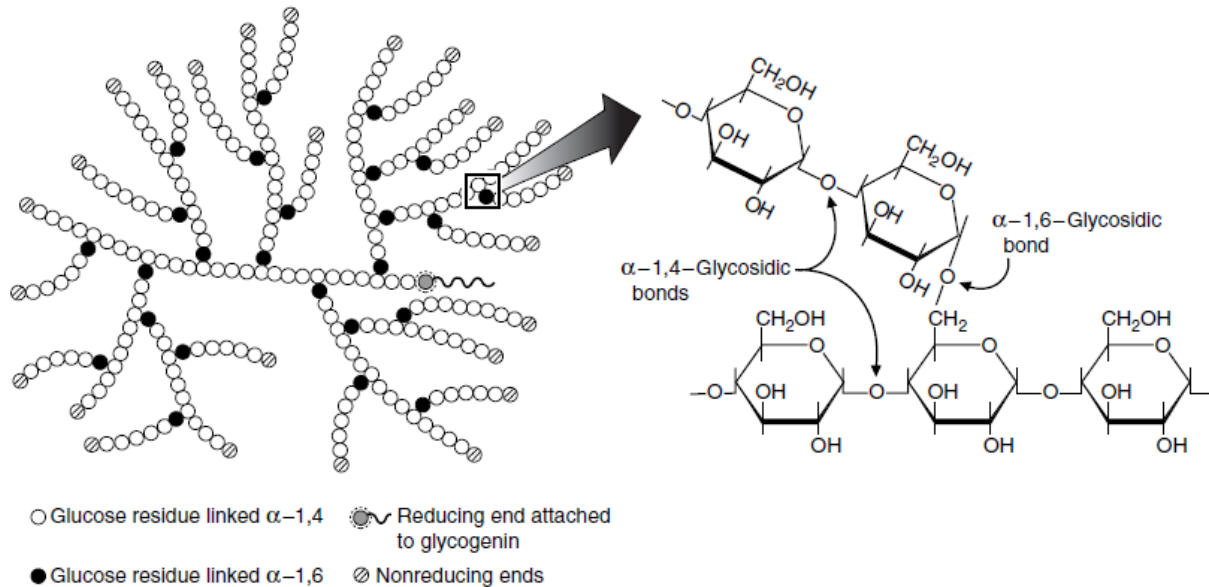


- เซลล์เม็ดเลือดแดง (RBC) ตัวแก่ ไม่มีนิวเคลียส ไม่โตคอนเดรีย พลังงานงานจึงมาจาก glycolysis และ Pentose phosphate pathway (PPP)



- PPP สร้าง NADPH สำหรับใช้เปลี่ยน glutathione ที่เยื่อหุ้มเซลล์ของ RBC ปกป้องเซลล์จากภาวะเครียดออกซิเดชัน (oxidative stress) จาก H_2O_2 และ free radicals อื่นๆ
- ถ้ามีความบกพร่องเอ็นไซม์ใน G6PD ใน PPP จำให้เม็ดเลือดแดงไม่แข็งแรง แตกง่าย เป็นโลหิตจาง (anemia)

Glycogen metabolism: glycogenesis & glycogenolysis



Glycogen:
expanding from a
core sequence
bound to a protein
(glycogenin).

- Glycogen: a storage form of glucose, very large and branched
- It is mainly stored in liver and muscle.
- Glycogenesis is the synthesis of glycogen from glucose; mainly occurs in muscle and liver.
- Glycogenolysis is the breakdown of glycogen (n) to glucose-1-phosphate and glycogen (n-1).

Glycogenesis & glycogenolysis

Glycogenolysis

Glycogen degradation

debrancher enzyme

D1

Glucose (small amount)

glycogen phosphorylase

Glycogen

Glucose-1-P

D2

glucose 6-phosphatase (liver only)

P_i

Glucose-6-P

Glucose

Cell membrane

Glucose

phosphoglucomutase

hexokinase glucokinase (liver)

ATP

UTP

S2

UDP-glucose pyrophosphorylase

UDP-G

Other pathways

Glycogen primer

glycogen synthase

4:6 transferase (branching enzyme)

S3

Glycogen synthesis

Glycogenesis

Enzyme:
glycogen
synthase

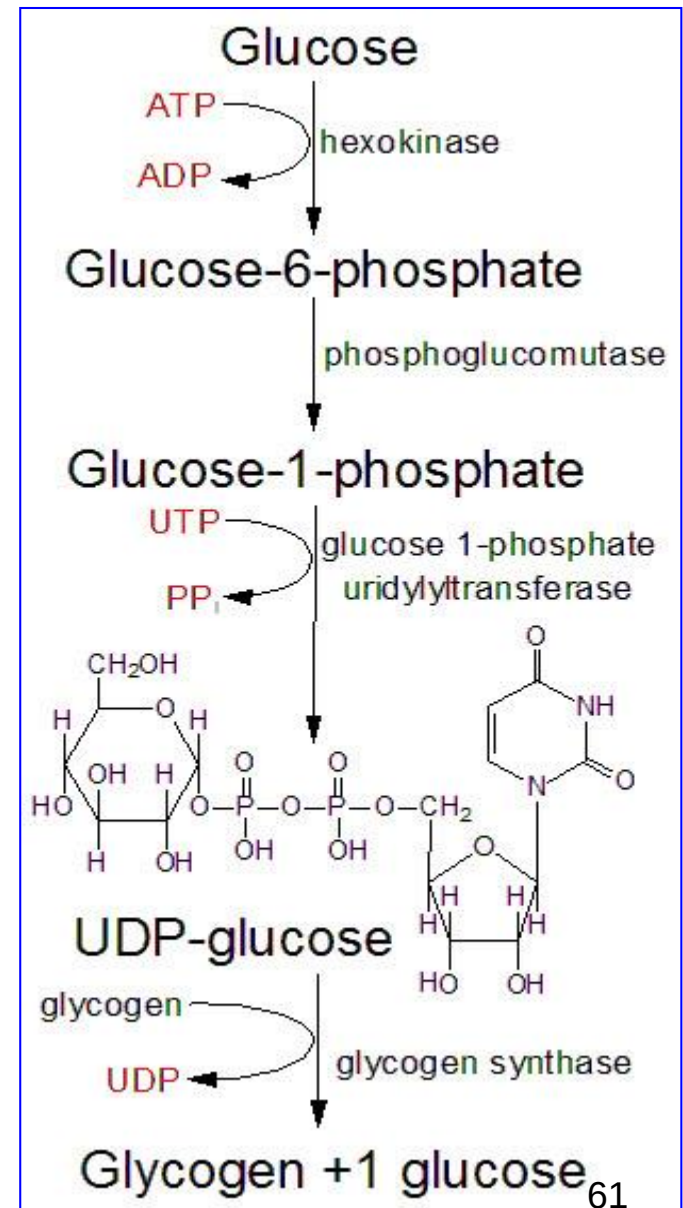
Glycolysis

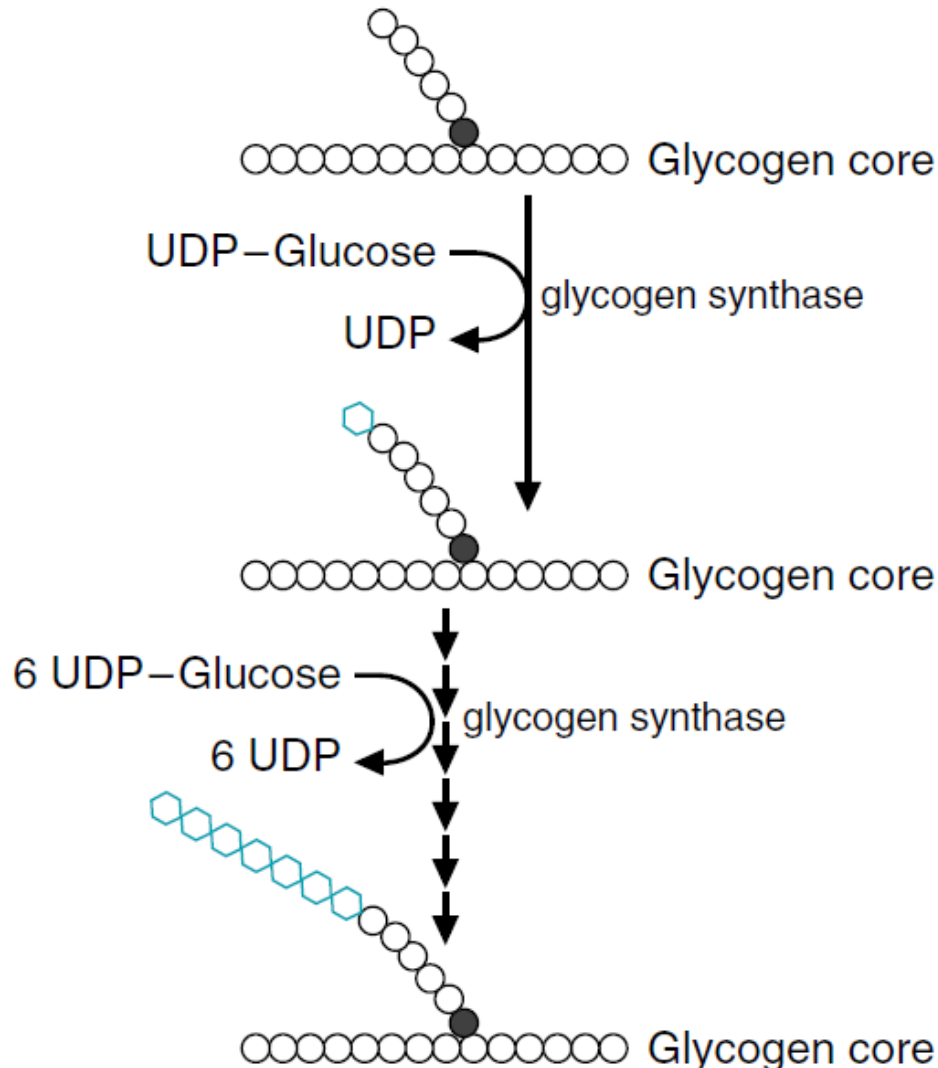
Pentose-P pathway

Other pathways

Glycogen synthesis (glycogenesis)

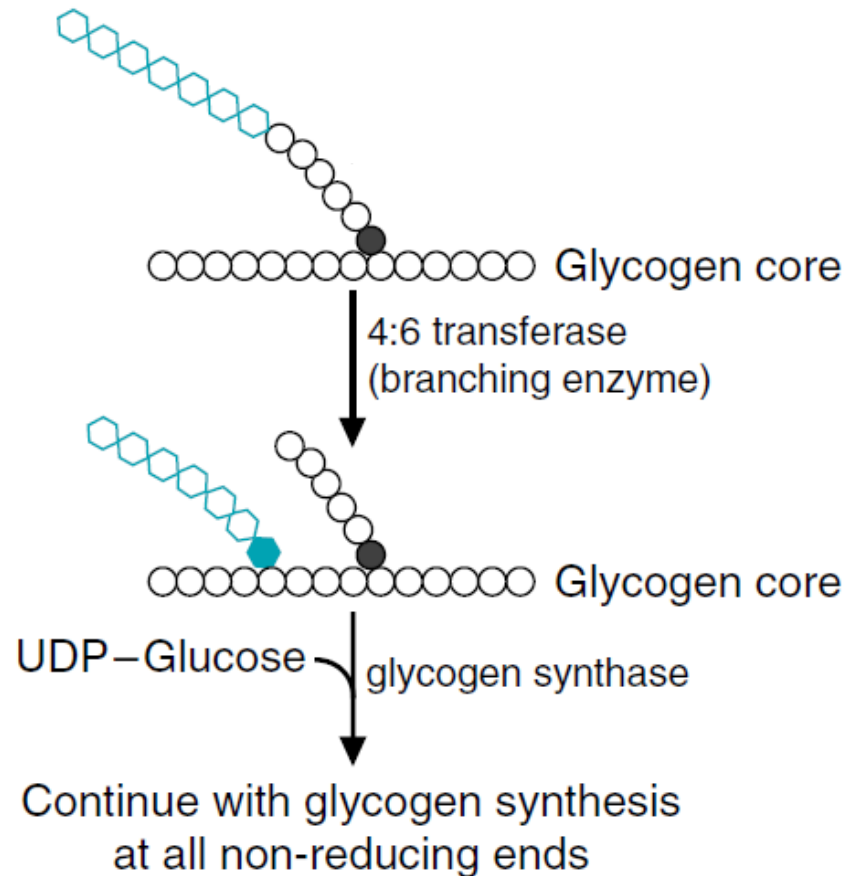
- Glycogen is synthesized when blood **glucose levels and ATPs are high.**
- This occurs in **liver and muscle** cells.
- Stimulated by the hormone **insulin.**
- Uridine diphosphate glucose (**UDP-glucose**): activated form of glucose; building block for glycogen synthesis.
- The rate-determining enzyme of glycogenesis is **glycogen synthase!**





Glycogen branches formation

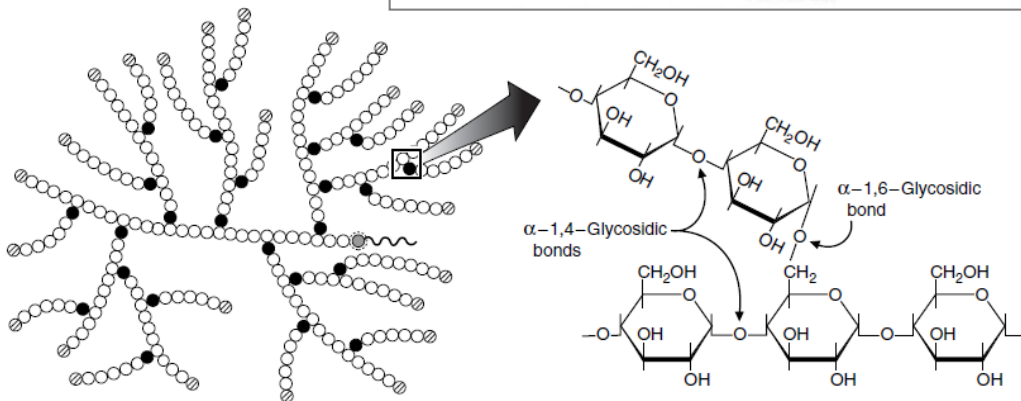
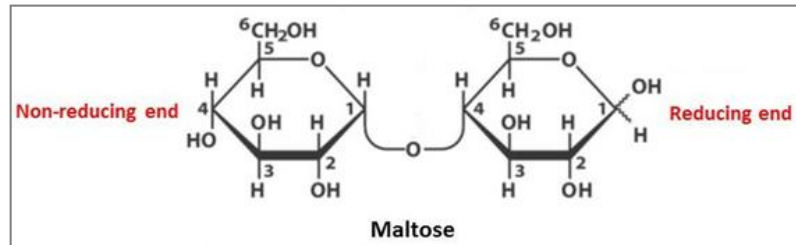
การเกิดแขนงของไกลโคเจน



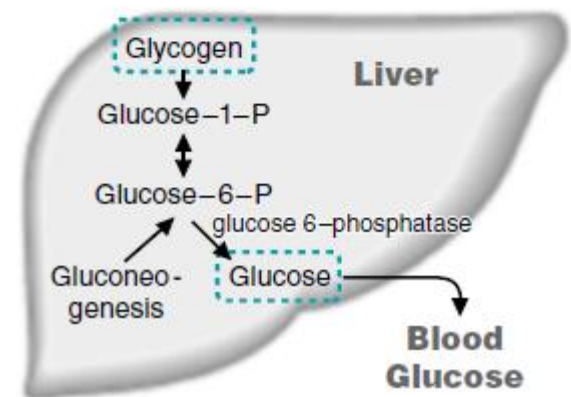
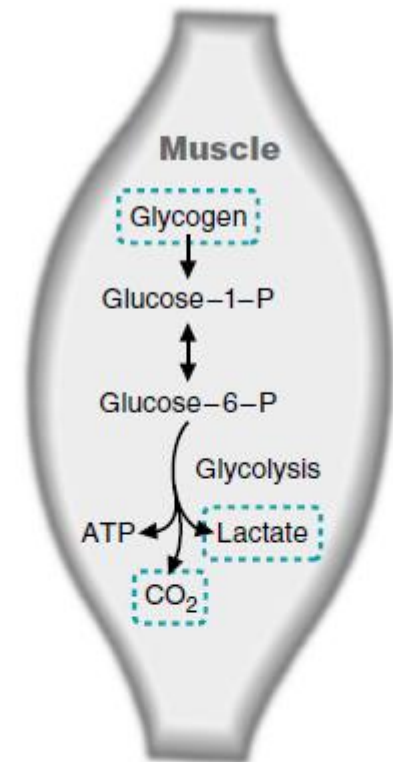
Glycogenolysis

= glycogen breakdown

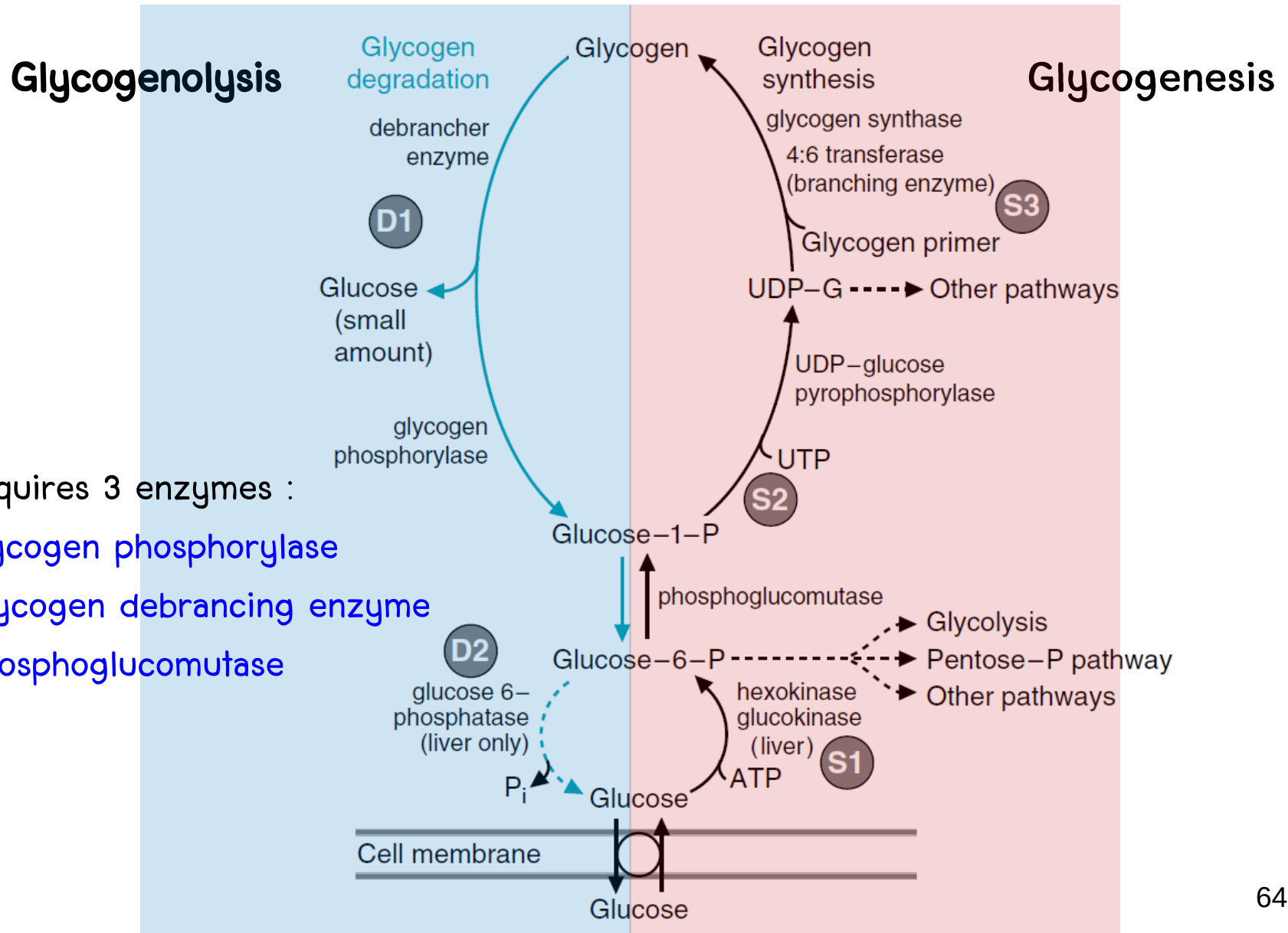
- only the nonreducing ends are shortened.
- nonreducing ends = the ends lacking a C1-OH group.
- there is a nonreducing end in every branch.



- Glucose residue linked α -1,4
- Reducing end attached to glycogenin
- Glucose residue linked α -1,6
- ⊗ Nonreducing ends



Glycogenesis & glycogenolysis



- Requires 3 enzymes :
- 1. Glycogen phosphorylase
- 2. Glycogen debranching enzyme
- 3. Phosphoglucomutase

Glycogen breakdown

1. Glycogen phosphorylase catalyzes glycogen phospholysis (bond cleavage by the substitution of a phosphate gr.)



This enz. leave 4 residues along each branch.

2. Glycogen debranching enzyme has active sites:

- Transferease shifts a block of 3 residues from one outer branch to the other.
- α -1,6-Glucosidase removes the rest residue, leaving linear chain.

3. Phosphoglucomutase converts G1P to G6P

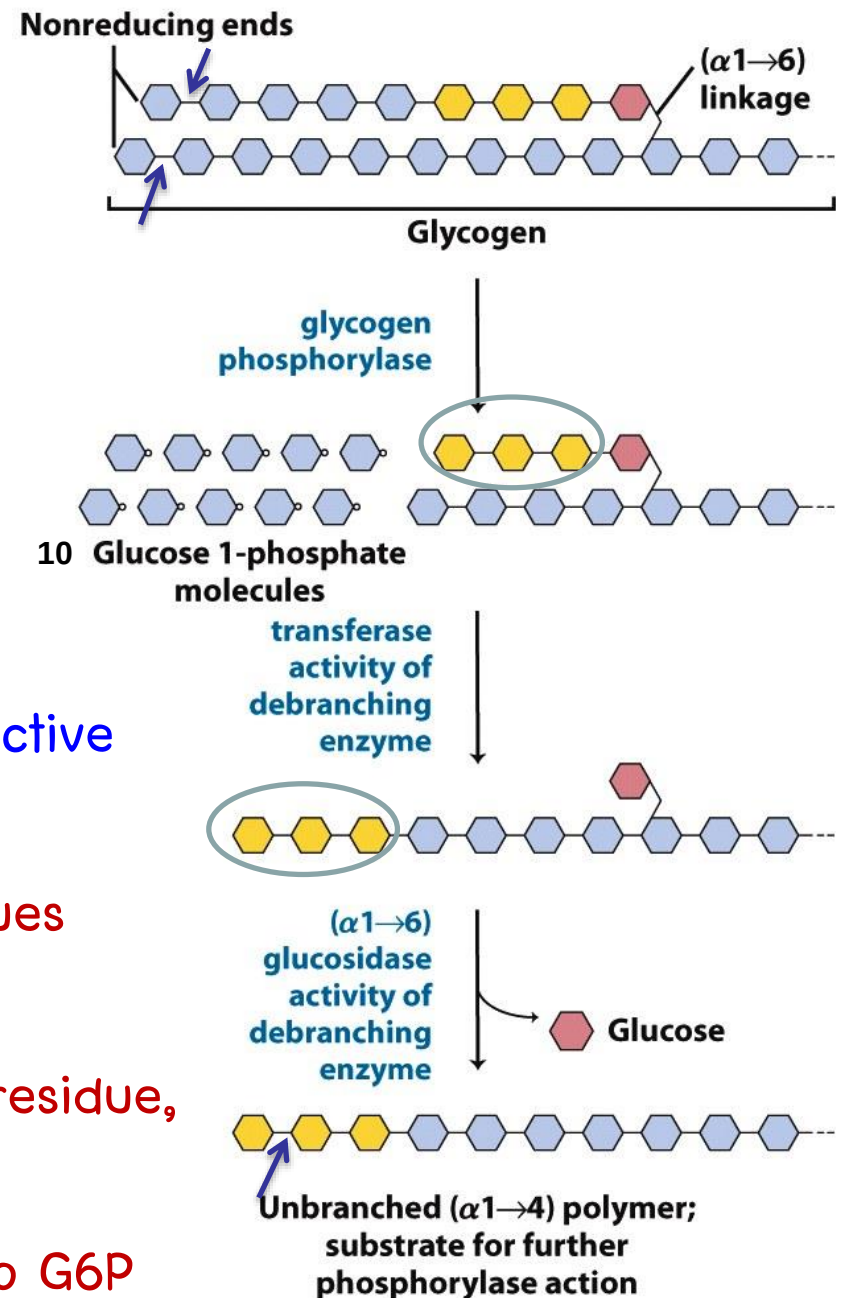
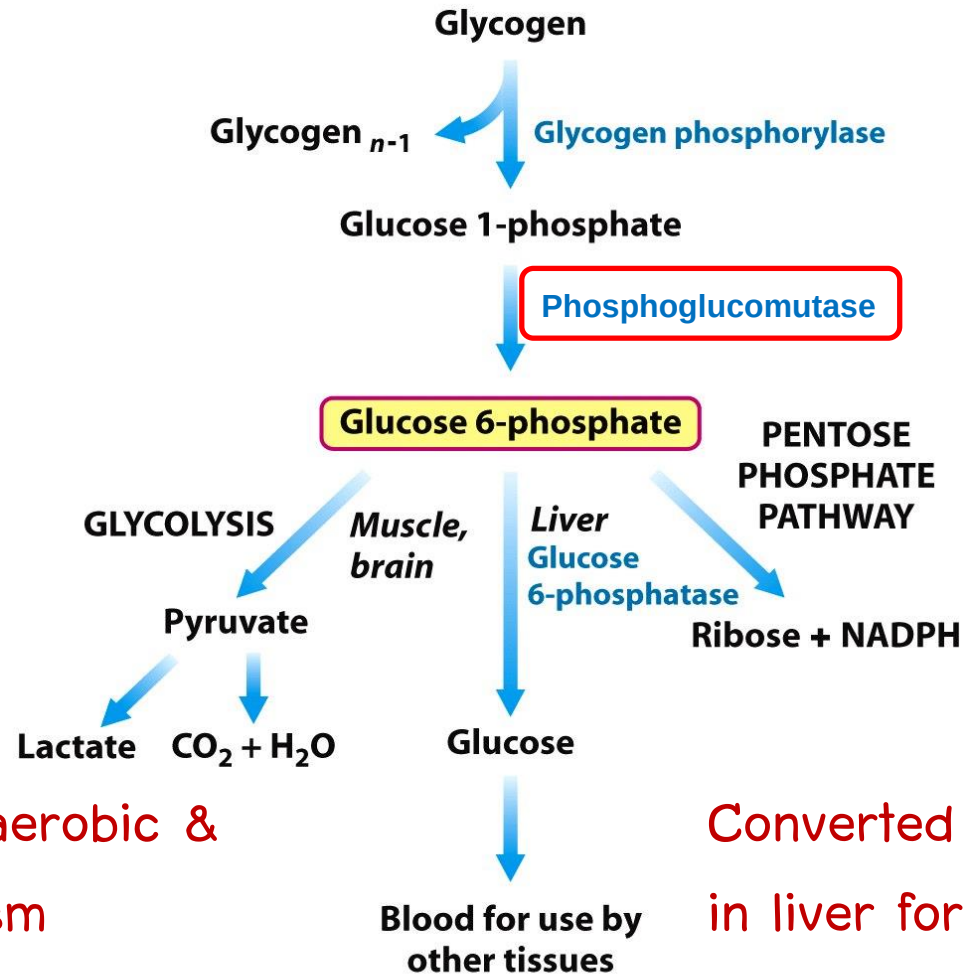


Figure 15-26

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Fates of glucose-6-phosphate



Be processed
by PPP

Used as a fuel for aerobic &
anaerobic metabolism

Converted to free glc
in liver for release into
blood.

Figure 21-3
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Insulin and glucagon

