

## Assignment 2 Snooze or Lose

**Part I Vocabulary:** Complete the table with the words from *Snooze or Lose*.

Word	function	meaning	example sentence
(1)_____	adj.	knowing or realizing something	When we sleep, we are not (1)_____ of things around us.
(2)_____	noun	the regular way in which something happens, develops, or is done	Each stage of sleep has its own (2)_____ of brain waves.
(3)_____	verb	to prevent somebody from having or doing something, especially something important	If we are (3)_____ of our sleep by being awakened often, we can get nervous.
(4)_____	noun	an illness which prevents part of your body from working properly	Sometimes REM sleep occurs when people are awake. This creates a (4)_____ called narcolepsy.
(5)_____	adj.	sleeping	If you have a problem with your sleep, your eyeballs may move back and forth when you fall (5)_____.
(6)_____	adv.	used to show a contrast between what is true and what somebody believes, and to show surprise about this contrast	While REM sleep may be good for the memory, non-REM sleep may (6)_____ boost our health.
(7)_____	noun	a change in place or position of something	In stage Two, our eyes (7)_____ stops, and our brain waves slow down.
(8)_____	verb	to become stronger	In recent year, scientists have come to believe that REM sleep helps (8)_____ learning.
(9)_____	adv.	quickly and unexpected	People with narcolepsy may (9)_____ fall asleep at any time.
(10)_____	noun	a person or animal that is used in a test	The scientists worked with groups of animal and human (10)_____.

**Part II Comprehension:** Match the headings with each paragraph from the passage 'Snooze or Lose'.

Paragraph	Heading
Paragraph 1 <u>g</u>	a. Effect of REM Sleep
Paragraph 2 _____ (11)	b. Non-REM sleep
Paragraph 3 <u>h</u>	c. REM Sleep and Learning
Paragraph 4 _____ (12)	d. Sleeping Pattern
Paragraph 5 _____ (13)	e. Think about Sleep
Paragraph 6 _____ (14)	f. Difference between Sleep and Rest
Paragraph 7 _____ (15)	g. Life and Sleep
Paragraph 8 <u>e</u>	h. Studies about Sleep

### Part III Word Study

When you are reading, you will come across unfamiliar words. It is often possible to guess their meanings if you understand the way words in English are generally formed. An English word can be divided into three parts: a prefix, a root/base word, and a suffix. Pre means 'before.' A *PREFIX*, therefore, is what comes before the root/base word. A *SUFFIX* is attached to the end of the root/base word. Many times, a word can be defined when it is known what the prefix and suffix means. Prefixes usually change the meaning of the word. However, a suffix can change the meaning of the word; it can also form the part of speech.

These are some words used in the passage. Complete No.16-20 in the table. You can use the dictionary.

Verb	Noun	Adjectives	Adverb
discover	(16)_____	discoverable	-
measure	measure measurement	measurable (17)_____	measurably measurelessly
occur	(18)_____	occurring	-
verify	verifiability verifier verification	verifiable	(19)_____
study	study	studious	(20)_____